



FREE ADULT PROGRAMS

January to April 2012

COMPUTERS • MOVIES • SENIORS' CLUBS • ENGLISH
AS A SECOND LANGUAGE • LITERACY SKILLS •
AUTHOR READINGS • BOOK CLUBS • RELAXATION
FINANCES • NEW HOBBIES • GREAT PROGRAMS



calgarypubliclibrary.com

For youth programs, pick up a copy of the Kids and Teens Program Guide!





CALGARY HERALD

**Our Centennial
Partners invite
you to join them
in celebrating
100 years of
The Calgary
Public Library**



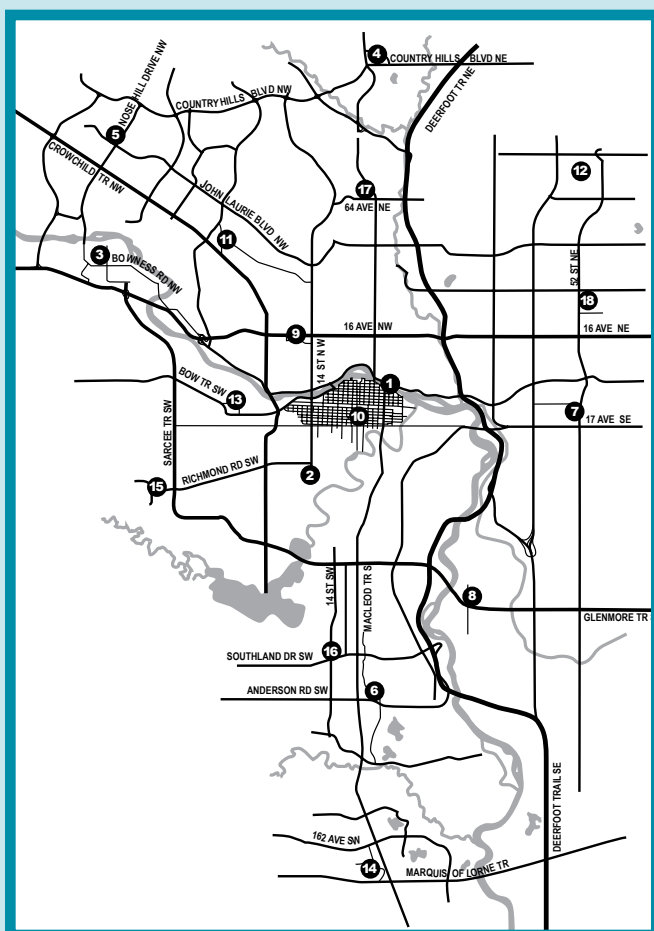
Visit
www.cpl100.ca
for more details.

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Live to be 100! Our Healthy Future

In 2012, The Calgary Public Library celebrates 100 years as a vital and trusted Calgary institution. We are excited to launch our second century of service and invite all Calgarians to connect with us and to build a healthy, vibrant future together. Throughout 2012, special adult programs are offered at all Library locations on the theme of “Our Healthy Future.” These programs provide learning and life enrichment opportunities in the areas of personal health and wellness, family relationships, community cohesion, environmental health, and global well being. Join us! Together we can build a healthy future.

Registration for all programs begins Dec. 19, unless otherwise noted.



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HOW TO REGISTER

1. Ensure you have a valid Calgary Public Library card registered in your name.
2. Find the program you wish to attend.
3. Note the registration date provided with the program listing.
4. On or after that date, register online at calgarypubliclibrary.com or by calling 403-260-2620.

Program Guide Customer Survey

Tell us how YOU use this program guide.... and enter to win an iPod!

The Calgary Public Library's Adult Program Guide is changing to meet your needs. Please answer these few questions, tear out the page, and drop it at any library location. Your name will be entered to win a brand new iPod. You can also enter online at **calgarypubliclibrary.com** under "Programs & Events."

Have you used this program guide before?

- Yes, many times Yes, a few times
 No, this is the first time

How did you receive a copy of this guide?

- In paper form In electronic form

How did you know about this guide?

- Regular Library user
 Library website
 Friend or family told me
 Agency staff person
 Found the guide at a stand
 Other (please specify)

Why do you use this guide?

Please check each answer that applies to you.

- To find programs that might interest me
 To find programs where I can learn something new
 To find programs to help me improve my skills
 To find programs on a particular subject including:
 ESL programs to learn English
 Technology programs to help me learn about computers
 Author Readings and/or programs about reading and writing
 Business and Career Development
 Parenting
 Other: please list _____

- To find out about skill enhancement programs
 To look up library locations, hours of operation, or contact information
 Other (please specify)

What part of the guide do you look at first?

- Table of Contents
 Advertisements
 My local Library page
 Special programming or insert
 Anything with pictures or illustrations
 Specific programs that I am interested in
 Computer Literacy Program pages
 Program Index pages

What part(s) of the guide do you not use?

Please check all that apply to you.

- Table of Contents
 Advertisements
 My local library page
 Special programming and/or insert
 Anything with pictures or illustrations
 Specific programs that I am interested in
 Computer Literacy Program pages
 Program Index pages

What can the Library do to make this guide better for you?

Thank you for filling out this survey! Your name is not required, unless you would like it entered into our draw for a new iPod. The winner will be notified by April 30, 2012.

Name _____

Phone Number(s)



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616 Macleod Trail SE

Branch Hours:
Mon - Thurs • 9 a.m. - 8 p.m.
Fri • 9 a.m. - 5 p.m.
Sat • 10 a.m. - 5 p.m.
Sun • Noon - 5 p.m. (mid-Sep to mid-May)



OUR HEALTHY FUTURE

Look for this section in the middle of this guide for more programs at this location.

SOMETHING FOR EVERYONE

After Five Toastmasters at Central

Develop your public speaking and leadership skills. Visitors and new members always welcome. E-mail Hilary at afterfivetm.cgy@gmail.com for more information.

Ages 18 and up
Tuesdays, Jan. 3 to Apr. 24
5:30 – 6:30 p.m.
Lower Level Meeting Room 1
No registration required

Arts Club

Join others with an interest in the arts in Calgary. In partnership with the Art Gallery of Calgary. Enjoy Calgary's visual art scene with local experts.

Fresh Start

Saturday, Jan. 7

Images and Photography

Saturday, Feb. 4

Around Town

Saturday, Mar. 3

Art and the Environment

Saturday, Apr. 14

10:30 a.m. – 12:30 p.m.

Main Floor North Open Area

Registration begins Dec. 19

Art Circuit

Join a tour of the City of Calgary's art collection in our +15 system and discover the gems of the Library's collection.

Thursdays, Jan. 26, Feb. 23,

Mar. 29, and Apr. 26

12:00 – 1:00 p.m.

Main Floor North Open Area

Registration begins Dec. 19

Thursday Afternoon at the Movies

Join old friends, meet new ones, and enjoy a great movie from classics to contemporary. Call for more details.

Thursday, Jan. 5 to Apr. 26

1:00 – 3:00 p.m.

2nd Floor John Dutton Theatre

No registration required

Photography Club

Join new friends and learn camera techniques, editing tricks, and experience creativity with photography.

10:00 a.m. – 12:00 p.m.

Arctic Adventure: Photographing the Northern Lights – Dr. Robert Berdan

Saturday, Jan. 21

Lower Level Meeting Room 1

Documentary Photography: George Webber – SAIT

Photography Instructor

Saturday, Feb. 18

Lower Level Meeting Room 1

Photography Basics: Len Cyca, Foothills Camera Club

Saturday, Mar. 17

5th Floor North Open Area

Share Your 10 Best Photos

Saturday, Apr. 21

Lower Level Meeting Room 1

No registration required

Creating Great Photographs

Photographer Christian

Grandjean will talk about the

art of photography in

celebration of the Exposure

Photography Festival.

Wednesday, Feb. 1

6:00 – 7:30 p.m.

Main Floor South

New and Notable

Registration begins

December 19

December 19

December 19

December 19

December 19

December 19

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December 19

December 19

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Fri • 9 a.m. - 5 p.m.

Sat • 10 a.m. - 5 p.m.

Sun • Noon - 5 p.m. (mid-Sep to mid-May)

Law at Your Library

In partnership with Calgary Legal Guidance.

Immigration Law

Learn more about Canada's Immigration and Citizenship law as it pertains to sponsorship, temporary visas, and delays.

Wednesday, Jan. 25

Common Law Living

Get information on your rights and obligations, and how to protect your interests.

Wednesday, Feb. 15

Small Claims Court

Find out about filing claims, defending against someone else's, core procedures, and collecting your judgment. Do it all yourself, without a lawyer.

Wednesday, Mar. 14

6:00 – 7:30 p.m.

3rd Floor North Open Area

Registration begins Dec. 19

Learn How to do**Legal Research**

Learn how to find quality sources of freely available information on legislation, case law, and community and government legal resources online.

Presented by the Alberta Law Libraries and The Calgary Public Library.

Wednesday, Feb. 22

6:00 – 7:30 p.m.

3rd Floor North Open Area

Registration begins Dec. 19

Civil Disobedience and Protests – Know Your Rights

What legal limits can government impose on peaceful protest through Charter Rights, parade by-laws etc., and what rights do protestors have?

Presented by Linda

McKay-Panos, Executive Director of the Alberta Civil Liberties Research Centre.

Tuesday, Mar. 13

6:00 – 7:30 p.m.

3rd Floor North Open Area

Registration begins Dec. 19

Family History Coaching

Drop in for help with genealogy research.

Presented by the Alberta Family Histories Society.

Saturdays, Jan. 28, Feb. 25,

Mar. 31, and Apr. 28

10:00 a.m. – 12:00 p.m.

4th Floor North

Genealogy Area

No registration required

Happy Wife, Happy Life?

What truth is there in this expression? Marriage & Family therapist Sig Taylor discusses the evidence. Men and women get practical "how-to" tips for improving their relationships!

Monday, Feb. 6

6:00 – 7:30 p.m.

3rd Floor North Open Area

Registration begins Dec. 19

Europe on a Budget

Learn how to plan an amazing trip, including travel information, money saving tips, and insider advice.

Presented by Travel CUTS.

Tuesday, Feb. 28

6:00 – 7:30 p.m.

Lower Level Meeting Room 2

Registration begins Dec. 19

Music in March

Listen to inspiring music performances, presented by students from the University of Calgary's Faculty of Music and Mount Royal University.

Weekdays, Thursday, Mar. 1 to Thursday, Mar. 29

(no performance on

Friday, Mar. 16)

12:00 – 1:00 p.m.

Main Floor South

New and Notable

No registration required

Century Homes: Research the History of Your House

Join the House Party of the Century celebrations! Experts explore resources to help you find out the history of your house.

Saturday, Mar. 3

10:30 – 11:30 a.m.

4th Floor North

Local History Room

Registration begins Dec. 19

616 Macleod Trail SE

Branch Hours:

Mon - Thurs • 9 a.m. - 8 p.m.

Fri • 9 a.m. - 5 p.m.

Sat • 10 a.m. - 5 p.m.

Sun • Noon - 5 p.m. (mid-Sep to mid-May)

Social Justice Encounter 2012:**Love, Hope, and Optimism**

From a resource fair, to the arts, to workshops and panel discussions, join us for a day of interactive sessions on different aspects of social justice issues that people face every day.

Saturday, Mar. 17

9:00 a.m. 4:00 p.m.

2nd Floor John Dutton Theatre
Registration begins Dec. 19

Flash Mob

Want to be part of one?
Show up and learn more.

Ages 13 and up

Monday, Mar. 26

7:00 – 8:00 p.m.

2nd Floor John Dutton Theatre
No registration required

Do-It-Yourself Tax Help

Canada Revenue Agency staff help you complete a simple 2011 tax return. Participants must bring income slips, related receipts, calculator, pen, and paper. To ensure maximum benefit of this program, please be on time as there will be no late admittance.

Tuesday, Apr. 3

5:30 – 7:30 p.m.

Lower Level Meeting Room 2
Registration begins Dec. 19

Tax Clinic At Your Library

Drop in for free, one-on-one help with your tax return.

First-come, first-serve. In partnership with the United Way of Calgary and Area.

Please note that there is an eligibility requirement based on income.

Saturday, Apr. 21

10:00 a.m. – 3:00 p.m.

3rd Floor Open Area

No registration required

Be BearSmart

Understand bear behaviour and learn how to make safe decisions, how to prevent encounters, and how to respond appropriately in an encounter. Presented by the Government

of Alberta, Sustainable Resource Development.

Tuesday, Apr. 10

6:00 – 7:30 p.m.

3rd Floor North Open Area

Registration begins Dec. 19

AUTHOR READINGS**The Canadian Immigration Experience with Brian Brennan and Frances Hern**

Leaving Dublin: Writing My Way from Ireland to Canada by Brian Brennan. This best-selling author talks about the immigrant's journey from a dead-end Irish civil service

job to an adventurous life in Canada as a travelling musician, radio broadcaster, and newspaper journalist.

In *Yip Sang and the First Chinese Canadians* by Frances Hern, the author describes the struggles and successes of three generations of the Yip family through two world wars and the depression.

Thursday, Jan. 26

12:00 – 1:00 p.m.

Main Floor South

New and Notable

Registration begins Dec. 19

Man and Other Natural Disasters by Nerys Parry

Simon Peters, a bookbinder full of theories on everything from lonely shrimp to the consciousness of DNA, is hiding from his horrific past in the basement of the Calgary Public Library.

It is a testament to the power of story in a world too often shaken by forces outside our control: nature, terrorism, death – even love.

Friday, Mar. 16

12:00 – 1:00 p.m.

Main Floor South

New and Notable

Registration begins Dec. 19

616 Macleod Trail SE

Branch Hours:

Mon - Thurs • 9 a.m. - 8 p.m.

Fri • 9 a.m. - 5 p.m.

Sat • 10 a.m. - 5 p.m.

Sun • Noon - 5 p.m. (mid-Sep to mid-May)

READING AND WRITING

Community Learning in the Humanities

Read, reflect, discuss, and write in a collaborative learning environment.

University lecturers lead free, interdisciplinary discussions on a new topic

each month. For more information, contact

CLHprogram@gmail.com.

Wednesdays, Jan. 4 to Jan. 25

Wednesdays, Feb. 1 to Feb. 29

Wednesdays, Mar. 7 to Mar. 28

Wednesdays, Apr. 4 and Apr. 11

5:30 – 8:00 p.m.

Lower Level Meeting Room 1

Wednesdays, Apr. 18 and

Apr. 25

5:30 – 8:00 p.m.

Lower Level Meeting Room 2

Registration begins Dec. 19

Creative Writing Club

Meet aspiring writers, engage in fun exercises, and share your writing.

Mondays, Jan. 16, 30, Feb. 13,

27, Mar. 12, 26, Apr. 9, and 23

6:00 – 7:30 p.m.

Lower Level Meeting Room 1

Registration begins Dec. 19

Talking Book Club

Designed for persons who are legally blind or visually impaired.

Thursdays, Jan. 19, Feb. 16,

Mar. 15, and Apr. 19

1:30 – 3:30 p.m.

5th Floor North Meeting Room

No registration required

Writers' Weekend 2012

Saturday, Feb. 4

2nd Floor John Dutton Theatre

Finding the Facts – Historical Research for Writers

Celebrate our Centennial by discovering the art of historical research. Join Christine Hayes as she explores the best ways of researching for any writing project.

10:00 – 10:30 a.m.

10 Ways to Kill Your Writing

Join Susan Toy of Alberta Books Canada as she examines the 10 vital elements of marketing and promotion.

10:30 – 11:30 a.m.

Publishing and Editing

Bring your brown bag lunch and join an editor and two publishers from the Book Publishing Association of Alberta as they share their insights into the industry today, along with guidelines for submissions.

12:00 – 1:00 p.m.

Make it in Magazines

Join multiple award winning writer Marcello Di Cintio as he explores the world of magazine writing.

1:00 – 2:00 p.m.

Mainlining the Language of Love

Poetry provides the most intense verbal expression of love and seduction.

Discover what makes the best love poems so arousing with Rosemary Griebel and Julie Sedivy.

2:00 – 3:00 p.m.

Sex Sells In Every Genre

Join four multi-published romance authors for tips and tricks on the craft of writing sensual, emotional love scenes from sweet to scorching.

3:00 – 4:00 p.m.

Registration for all Writers' Weekend 2012 programs begins Dec. 19

Arthur Ellis Shortlist Awards Event 2012

Join us for the announcement of the shortlist for Canada's national award for crime writing. Hear author readings by local mystery writers.

Co-presented with the Crime Writers of Canada.

Thursday, Apr. 19

6:30 – 7:30 p.m.

Main Floor South

New and Notable

Registration begins Dec. 19

616 Macleod Trail SE

Branch Hours:

Mon - Thurs • 9 a.m. - 8 p.m.

Fri • 9 a.m. - 5 p.m.

Sat • 10 a.m. - 5 p.m.

Sun • Noon - 5 p.m. (mid-Sep to mid-May)

ENGLISH AS A SECOND LANGUAGE (ESL)

ESL Coffee and Conversation

This is a drop-in program for all ESL learners.

Coffee is provided.

Fridays, Jan. 27 to Mar. 30

10:00 – 11:30 a.m.

5th Floor North Open Area

No registration required

ESL Conversation Club (Intermediate)

Practice your English listening and speaking

skills, and learn about the Library's many resources.

Tuesdays, Jan. 31 to Mar. 20

2:00 – 4:00 p.m.

Lower Level Meeting Room 2

Registration begins Dec. 19

Great Reads for ESL Learners

Learn about finding good books to read for pleasure, both fiction and non-fiction.

Tuesday, Mar. 27

6:00 – 7:30 p.m.

5th Floor North Open Area

Registration begins Dec. 19

ESL Tea and Talk

This is a drop-in program for all ESL learners. Tea is provided.

Tuesdays, Feb. 14, Mar. 13,

and Apr. 10

6:00 – 7:30 p.m.

5th Floor North Open Area

No registration required

Citizenship

Preparation Class

Learn about Canada with the purpose of preparing yourself for the Citizenship Exam.

In partnership with Immigrant Services Calgary.

Saturday, Feb. 25

1:30 – 4:30 p.m.

Lower Level Meeting Room 2

Registration begins Dec. 19

BUSINESS AND CAREER DEVELOPMENT

Career Tours

Register your group for a 75 minute career resources orientation. Individuals are welcome to join an existing group.

Wednesdays, Jan. 4 to Apr. 25

9:00 a.m. – 12:00 p.m.

3rd Floor North

Technology Discovery Centre

Register by calling

403-260-2606 starting Dec. 19

Strategic Networking

Looking for work? Learn how to create new opportunities and exchange ideas and leads.

Thursdays, Jan. 5 to Apr. 26

5:30 – 7:00 p.m.

3rd Floor Open Area

No registration required

Career Coaching

Looking for work? Drop in for one-on-one help with job searching skills, take part in

practice interviews, revamp your resume or craft that all important cover letter.

Thursdays, Jan. 5 to Apr. 26

6:00 – 7:45 p.m.

3rd Floor North

Technology Discovery Centre

No registration required

Mentorship: Outside the Box

Join certified career coach Brian Lambier as he defines and explores mentorship

and its role as a career development tool. In

partnership with the Career Development Association of Alberta.

Friday, Jan. 20

11:45 a.m. – 1:00 p.m.

3rd Floor North Open Area

Registration begins Dec. 19

Start Your Online Business

Learn the steps and strategies to start a successful online business on a small budget. Free resources will be shared.

Presented by consultant Jacqui Levson.

Tuesday, Feb. 7

6:00 – 7:30 p.m.

3rd Floor North Open Area

Registration begins Dec. 19

Coaching for Business Professionals

Learn how working with a life coach can create more awareness, intention, and

616 Macleod Trail SE

Branch Hours:

Mon - Thurs • 9 a.m. - 8 p.m.

Fri • 9 a.m. - 5 p.m.

Sat • 10 a.m. - 5 p.m.

Sun • Noon - 5 p.m. (mid-Sep to mid-May)

skill in your professional and personal life. Sign up for free 15 minute one-on-one coaching sessions. Presented by the Calgary Association of Professional Coaches in celebration of International Coaching Week

(February 5 – 11, 2012).

Wednesday, Feb. 8

11:30 a.m. – 1:30 p.m.

3rd Floor North Open Area

Registration begins Dec. 19

Tools for Small Business Entrepreneurs

Librarian Kristen Holm discusses the best websites, books, government documents, and databases for creating your business plan.

Wednesday, Feb. 8

6:00 – 7:30 p.m.

3rd Floor North Open Area

Registration begins Dec. 19

Career Basics

Workshops are led by professional career practitioners from Bow Valley College's Career Connection.

Moving Forward – Mid-Life Career Change

Learn about the unique challenges and opportunities that come with looking for work mid life, along with resume strategies.

Saturday, Feb. 25

10:30 a.m. – 12:30 p.m.

Resume Development

Learn how to create a professional resume to put your best foot forward.

Saturday, Mar. 3

10:30 a.m. – 12:30 p.m.

Interview Skills

Improve your skills by learning about different types of questions and how to answer them.

Saturday, Mar. 10

10:30 a.m. – 12:30 p.m.

Enhancing Your Job Search Through Social Networking

Learn how to set up and use the online networking sites LinkedIn, Facebook, and Twitter to boost your job search campaign.

Saturday, Mar. 24

10:30 a.m. – 12:30 p.m.

3rd Floor North

Technology Discovery Centre

Registration begins Dec. 19

Work Search with the Internet

Learn effective strategies using websites and databases, and how to apply for jobs online. In partnership with Alberta Employment and Immigration.

Thursday, Mar. 8

10:30 a.m. – 12:30 p.m.

3rd Floor North Technology

Discovery Centre

Registration begins Dec. 19

LinkedIn:

From Start to Finish

Learn the process of creating a complete LinkedIn profile, one of the best social media tools for job searching, in this five hour, hands-on workshop.

Bring an electronic version of your resume. Intermediate computer and English skills are required. In partnership with Bow Valley College's Career Connection.

Saturday, Mar. 17

11:00 a.m. – 4:00 p.m.

3rd Floor North

Technology Discovery Centre

Registration begins Dec. 19

How to Become Self-Employed

Learn the basics of contract work, including proposal writing, marketing tools, negotiating agreements, and more. Participants must attend both sessions.

In partnership with Alberta Employment and Immigration.

Saturdays, Apr. 14 and Apr. 21

10:00 a.m. – 4:30 p.m.

3rd Floor North

Technology Discovery Centre

Registration begins Dec. 19

616 Macleod Trail SE

Branch Hours:
Mon - Thurs • 9 a.m. - 8 p.m.
Fri • 9 a.m. - 5 p.m.
Sat • 10 a.m. - 5 p.m.
Sun • Noon - 5 p.m. (mid-Sep to mid-May)

FIFTY AND FORWARD

50+ Coffee and Conversation

Join us for coffee, conversation, and presentations of interest.

Ages 50 and up

Fridays, Jan. 6, 13, Feb. 3, 10,

Mar. 2, 9, Apr. 13, and 20

1:00 – 2:30 p.m.

5th Floor North Open Area

No registration required

Adding Joy to Your Life

Have you lost your joy?

Come and explore many resources and opportunities

for new experiences in 2012

that will help promote a

positive lifestyle. Presented

by Lois Faris of Life Transitions.

Friday, Feb. 17

1:00 – 2:30 p.m.

5th Floor North Open Area

Registration begins Dec. 19

Protect Your Health: The Facts About Heart Disease and Stroke

Understand the risk factors

for and warning signs of

heart disease and stroke.

Presented by the Heart and

Stroke Foundation of Alberta.

Friday, Feb. 24

1:00 – 2:30 p.m.

5th Floor North Open Area

Registration begins Dec. 19

Understanding Dementia

Learn the fundamentals about

Alzheimer's disease and

related dementias, warning

signs, and resources available

to you. Presented by the

Alzheimer Society of Calgary.

Friday, Mar. 16

1:00 – 2:30 p.m.

5th Floor North Open Area

Registration begins Dec. 19

Elder Abuse Awareness

Learn about the various

ways that elder abuse

occurs and what can be

done to help seniors in need.

Presented by Eva Chan of

Calgary Family Services.

Friday, Mar. 23

1:00 – 2:30 p.m.

5th Floor North Open Area

Registration begins Dec. 19

SeniorConnect

Recognize the signs and

symptoms of a senior

at risk. Learn more about

the available community

support services, which will

allow them to live safely

and independently in their

homes. Presented by the

Calgary Resource Society.

Friday, Mar. 30

1:00 – 2:30 p.m.

5th Floor North Open Area

Registration begins Dec. 19

Diabetes:

What You Need to Know

Join us for a discussion

about the risk factors, signs,

and symptoms of diabetes,

and get useful information

about healthy living.

Presented by the Canadian

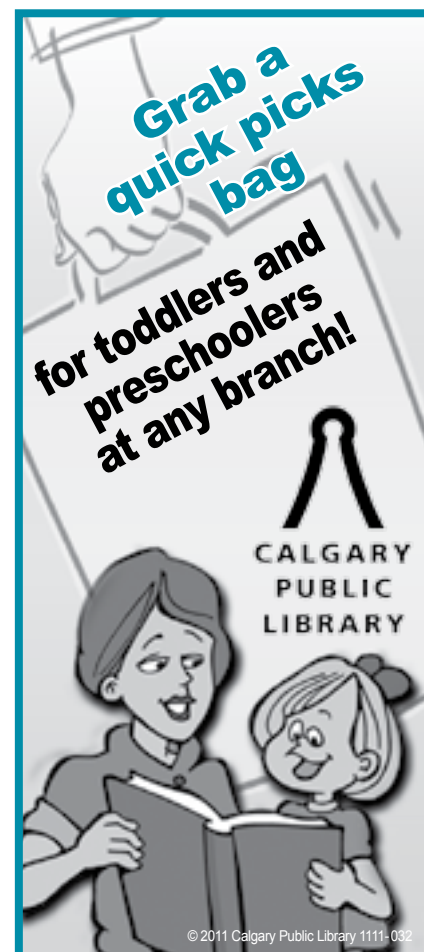
Diabetes Association.

Friday, Apr. 27

1:00 – 2:30 p.m.

5th Floor North Open Area

Registration begins Dec. 19



ALEXANDER CALHOUN

3223 - 14 Street SW

Branch Hours:
Mon - Thurs • 10 a.m. - 9 p.m.
Fri & Sat • 10 a.m. - 5 p.m.
Sun • Noon - 5 p.m. (mid-Sep to mid-May)



OUR HEALTHY FUTURE

Look for this section in the middle of this guide for more programs at this location.

SOMETHING FOR EVERYONE

Spanish Conversation Club

Join volunteer coaches and practice Spanish speaking and listening skills through conversational exercises. This program is for learners with intermediate Spanish language skills.
Ages 16 and up
Wednesdays, Feb. 1 to Mar. 21
7:00 – 8:30 p.m.
Registration begins Dec. 19

Climbing Kilimanjaro on the Marangu Route

Join Jorlene Thiessen for a talk and slideshow about her experience climbing the highest mountain in Africa.
Monday, Feb. 27
7:00 – 8:30 p.m.
Registration begins Dec. 19

Law at Your Library: Small Claims Court

Find out about filing claims, defending against someone else's, core procedures, and collecting your judgment. Do it all yourself, without a lawyer. In partnership with Calgary Legal Guidance.
Thursday, Mar. 29
7:00 – 8:30 p.m.
Registration begins Dec. 19

Do-It-Yourself Tax Help

Canada Revenue Agency staff help you complete a simple 2011 tax return. Participants must bring income slips, related receipts, calculator, pen, and paper. To ensure maximum benefit of this program, please be on time as there will be no late admittance.
Monday, Apr. 23
6:30 – 8:30 p.m.
Registration begins Dec. 19

READING AND WRITING

Adult Book Club

Call for details on specific books.
Mondays, Jan. 16, Feb. 13, Mar. 19, and Apr. 16
2:00 – 3:30 p.m. **OR**
7:00 – 8:30 p.m.
Registration begins Dec. 19

ENGLISH AS A SECOND LANGUAGE (ESL)

ESL Conversation Club (Intermediate)

Practice your English listening and speaking skills, and learn about the Library's many resources.
Tuesdays, Jan. 31 to Mar. 20
6:30 – 8:30 p.m.
Registration begins Dec. 19

FIFTY AND FORWARD

Adding Joy to Your Life

Have you lost your joy? Come and explore many resources and opportunities for new experiences in 2012 that will help promote a positive lifestyle. Presented by Lois Faris of Life Transitions.
Wednesday, Mar. 28
10:30 a.m. – 12:00 p.m.
Registration begins Dec. 19



BOWNESS

7930 Bowness Road NW

Branch Hours:

Mon & Wed • 1 - 9 p.m.

Tue • 10 a.m. - 9 p.m.

Thurs - Sat • 10 a.m. - 5 p.m.

Sun • Noon - 5 p.m. (mid-Sep to mid-May)



OUR HEALTHY FUTURE

Look for this section in the middle of this guide for more programs at this location.

SOMETHING FOR EVERYONE

Tax Clinic At Your Library

Drop in for free, one-on-one help with your tax return. First-come, first-serve. In partnership with the United Way of Calgary and Area. Please note that there is an eligibility requirement based on income. Saturday, Mar. 17
12:00 – 4:00 p.m.
No registration required

Law at Your Library: Wills and Estates

Learn how to plan your will, including types of wills, what to include, choosing an executor, and power of attorney. In partnership with Calgary Legal Guidance. Monday, Apr. 23
7:00 – 8:30 p.m.
Registration begins Dec. 19

Conversation Café at Your Library

Drop in for an afternoon of stimulating conversation with people who have diverse views and a shared passion for engaging with others. Tuesdays, Jan. 10 to Apr. 24
2:00 – 3:30 p.m.
No registration required

READING AND WRITING

Adult Book Club

Call for details on specific books. Sundays, Jan. 15, Feb. 19, Mar. 18, and Apr. 15
2:00 – 3:00 p.m.
Registration begins Dec. 19

FIFTY AND FORWARD

Yoga for Seniors

Learn to relax your body and mind and relieve stress.

Ages 50 and up
Thursdays, Jan. 19 to Apr. 26
3:00 – 4:00 p.m.
Registration begins Dec. 19

Understanding Dementia

Learn the fundamentals about Alzheimer's disease and related dementias, warning signs, and resources available to you. Presented by the Alzheimer Society of Calgary. Wednesday, Apr. 18
7:00 – 8:30 p.m.
Registration begins Dec. 19

Alternatives for Healthy Living

Learn about the benefits of aromatherapy, massage, and hot stone treatments with Gina Komanac, Relation Massage Therapist. Wednesday, Apr. 25
7:00 – 8:30 p.m.
Registration begins Dec. 19

DID YOU KNOW?



You can pick up your holds from any Library branch!



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COUNTRY HILLS

Branch Hours:

Mon - Thurs • 10 a.m. - 9 p.m.

Fri & Sat • 10 a.m. - 5 p.m.

Sun • Noon - 5 p.m. (mid-Sep to mid-May)

11950 Country Village Link NE



OUR HEALTHY FUTURE

Look for this section in the middle of this guide for more programs at this location.

SOMETHING FOR EVERYONE

Do-It-Yourself Tax Help

Canada Revenue Agency staff help you complete a simple 2011 tax return. Participants must bring income slips, related receipts, calculator, pen, and paper. To ensure maximum benefit of this program, please be on time as there will be no late admittance.

Saturday, Mar. 24

1:00 – 3:00 p.m.

Registration begins Dec. 19



READING AND WRITING

Adult Book Club

Call for details on specific books.

Mondays, Jan. 30, Feb. 27,

Mar. 26, and Apr. 30

7:00 – 8:30 p.m.

Registration begins Dec. 19

ENGLISH AS A SECOND LANGUAGE (ESL)

ESL Coffee and Conversation

This is a drop-in program for all ESL learners.

Coffee is provided.

Thursdays, Jan. 12 to Mar. 1

7:00 – 8:30 p.m.

No registration required

Welcome to Canada: Health Benefits and Resources (Mandarin)

Join us for an interactive session regarding various government health benefits, as well as community health resources available in Calgary. In partnership with the Calgary Bridge Foundation In-School Settlement Program.

Register by calling

403-999-2862.

Saturday, Jan. 21

1:30 – 3:30 p.m.

Registration begins Dec. 19

ESL Conversation Club (Intermediate)

Practice your English listening and speaking skills, and learn about the Library's many resources.

Tuesdays, Jan. 31 to Mar. 20

6:30 – 8:30 p.m.

Registration begins Dec. 19

Citizenship Preparation Class

Learn about Canada with the purpose of preparing yourself for the Citizenship Exam. In partnership with Immigrant Services Calgary.

Saturday, Apr. 28

1:00 – 4:00 p.m.

Registration begins Dec. 19

BUSINESS AND CAREER DEVELOPMENT

Career Basics: Resume Development

Learn how to create a professional resume to put your best foot forward.

Workshops are led by professional career practitioners from Bow Valley College's Career Connection.

Saturday, Jan. 28

2:00 – 4:00 p.m.

Registration begins Dec. 19

COUNTRY HILLS

(cont'd)

11950 Country Village Link NE

Branch Hours:
Mon - Thurs • 10 a.m. - 9 p.m.
Fri & Sat • 10 a.m. - 5 p.m.
Sun • Noon - 5 p.m. (mid-Sep to mid-May)

FIFTY AND FORWARD

50+ Coffee and Conversation

Join us for coffee, conversation, and presentations of interest.

Ages 50 and up

Thursdays, Jan. 19, Feb. 23,

Mar. 8, and Mar. 22

2:00 – 3:30 p.m.

No registration required

Adding Joy to Your Life

Have you lost your joy?

Come and explore many

resources and opportunities

for new experiences in 2012

that will help promote a

positive lifestyle.

Presented by Lois Faris of Life Transitions.

Thursday, Feb. 9

2:00 – 3:30 p.m.

No registration required

At Risk of Diabetes?

Learn how to prevent and manage diabetes with nutrition and exercise.

Presented by the Canadian Diabetes Association.

Thursday, Apr. 5

2:00 – 3:30 p.m.

No registration required

Elder Abuse Awareness

Learn about the various ways that elder abuse occurs and what can be done to help seniors in need.

Presented by Eva Chan of Calgary Family Services.

Thursday, Apr. 19

2:00 – 3:30 p.m.

No registration required



INTERNATIONAL WOMEN'S DAY
2012

Mark your calendar for Tuesday, March 8
Join us for a celebration of International Women's Day and a discussion of how women are creating strong and vibrant communities. Lunch is provided.

Thursday, March 8
11:30 a.m. – 1:30 p.m.
Calgary Public Library
Central Branch (616 Macleod Trail S.E.)
John Dutton Theatre.

Register at 403-260-2620 or calgarypubliclibrary.com.

Presenting Partner:
BOW VALLEY COLLEGE

CALGARY PUBLIC LIBRARY

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CROWFOOT

8665 Nose Hill Drive NW

Branch Hours:
Mon - Thurs • 10 a.m. - 9 p.m.
Fri & Sat • 10 a.m. - 5 p.m.
Sun • Noon - 5 p.m. (mid-Sep to mid-May)



OUR HEALTHY FUTURE

Look for this section in the middle of this guide for more programs at this location.

SOMETHING FOR EVERYONE

Healthy Living Fair

Learn about a wide range of health resources for your family, your community, and our world. Exhibits and activities for all ages.
Saturday, Mar. 10
12:00 – 5:00 p.m.
No registration required

Stitch and Chat

Drop in with your needlecraft projects for company, tea, and advice from other crafters.
Tuesdays, Jan. 3 to Apr. 24
1:30 – 3:00 p.m.
No registration required

Toastmasters International: Literally Speaking

Attend a “Literally Speaking” Toastmasters meeting to learn and practice public

speaking skills.

No experience necessary.
Tuesdays, Jan. 3 to Apr. 24
12:00 – 1:00 p.m.
No registration required

E-Books:

A Library On the Go

Are you curious about e-Books? Library staff demonstrate how to download an e-Book using OverDrive.
Tuesday, Jan. 10
7:00 – 8:30 p.m.
Registration begins Dec. 19

Film Night

Join us each month to watch a film with fellow movie buffs! Call 403-221-5289 for more details.
Thursdays, Jan. 19, Feb. 16, Mar. 15, and Apr. 19
6:30 – 8:30 p.m.
No registration required

Law at Your Library: Small Claims Court

Find out about filing claims, defending against someone else's, core procedures, and collecting your judgment. Do it all yourself, without a lawyer. In partnership with Calgary Legal Guidance.
Wednesday, Feb. 8
7:00 – 8:30 p.m.
Registration begins Dec. 19

ENGLISH AS A SECOND LANGUAGE (ESL)

ESL Conversation Club (Intermediate)

Practice your English listening and speaking skills, and learn about the Library's many resources.
Tuesdays, Jan. 31 to Mar. 20
6:30 – 8:30 p.m.
Registration begins Dec. 19

ESL Coffee and Conversation

This is a drop-in program for all ESL learners. Coffee is provided.
Thursdays, Mar. 8 to Apr. 26
6:30 – 8:30 p.m.
No registration required

BUSINESS AND CAREER DEVELOPMENT

Career Coaching

Looking for work? Drop in for one-on-one help with job searching skills, take part in practice interviews, revamp your resume or craft that all important cover letter.
Saturdays, Jan. 7 to Apr. 28
10:15 a.m. – 12:15 p.m.
No registration required

Work Search with the Internet

Learn effective strategies using websites and databases, and how to apply for jobs online. In partnership with Alberta

CROWFOOT (cont'd)

8665 Nose Hill Drive NW

Branch Hours:
Mon - Thurs • 10 a.m. - 9 p.m.
Fri & Sat • 10 a.m. - 5 p.m.
Sun • Noon - 5 p.m. (mid-Sep to mid-May)

Employment and Immigration.
Saturday, Jan. 28
1:00 – 4:00 p.m.
Registration begins Dec. 19

Coaching for Business Professionals

Learn how working with a life coach can create more awareness, intention, and skill in your professional, and personal life. Sign up for free 15 minute one-on-one coaching sessions. Presented by the Calgary Association of Professional Coaches in celebration of International Coaching Week (February 5 – 11, 2012).
Thursday, Feb. 9
6:30 – 8:30 p.m.
Registration begins Dec. 19

Career Basics: Interview Skills

Improve your skills by learning about different types of questions and how to answer them. Workshops are led by professional career practitioners from Bow Valley College's Career Connection.
Thursday, Mar. 22
6:30 – 8:30 p.m.
Registration begins Dec. 19

FIFTY AND FORWARD

50+ Coffee and Conversation
Join us for coffee, conversation, and presentations of interest. Ages 50 and up
Fridays, Jan. 6, 13, Feb. 3, 10, Mar. 16, 30, and Apr. 27

The Pointy End: A Fighter Pilot's Recollections of Wartime and Peacekeeping
Friday, Jan. 20

Navigating the World of Wine

Friday, Jan. 27
Indian Culture – 5,000 BC to 2,000 AD
Friday, Feb. 17
Adding Joy to Your Life
Friday, Feb. 24
Author Julie Sedivy – Sold on Language: How Advertisers Talk to You and What This Says About You
Friday, Mar. 2
Ancestors and Their Attic
Friday, Mar. 9
Can Science Create Life?
Friday, Mar. 23
SeniorConnect
Friday, Apr. 13
Planning an Organic Vegetable Garden
Friday, Apr. 20
2:00 – 3:30 p.m.
No registration required

WRITERS' WEEKEND - Direct from the Experts!

- Christine Hayes
- Susan Toy
- Rosemary Griebel and Julie Sedivy
- Marcello Di Cintio
- Book Publishing Association of Alberta

Get ideas and information on how to develop your creativity and success as a writer. Join many of Alberta's award-winning writers and industry insiders for inspiration and information. For a complete listing and to register, go to calgarypubliclibrary.com, click on "Programs", and search for "Writers' Weekend".

Saturday, Feb. 4
10:00 a.m. - 4:30 p.m.
Central Library, 2nd Floor
John Dutton Theatre



FISH CREEK

11161 Bonaventure Drive SE

Branch Hours:

Mon - Thurs • 10 a.m. - 9 p.m.

Fri & Sat • 10 a.m. - 5 p.m.

Sun • Noon - 5 p.m. (mid-Sep to mid-May)



OUR HEALTHY FUTURE

Look for this section in the middle of this guide for more programs at this location.

SOMETHING FOR EVERYONE

Coffee and Conversation

Join us for coffee, conversation, and presentations of interest.

Tuesdays, Jan. 10 to Apr. 24

10:30 a.m. – 12:00 p.m.

No registration required

Healthy Options

Join us and meet selected members of the local food community to discuss how they “make it, bake it, or grow it.”

Special Guest: Brian Hinton from Lakeview Bakery

Wednesday, Jan. 18

7:00 – 8:30 p.m.

Special Guest:

Community Natural Foods

Wednesday, Feb. 1

7:00 – 8:30 p.m.

Special Guest: Slow Food Calgary

Thursday, Apr. 19

7:00 – 8:30 p.m.

Registration begins Dec. 19

Local to Global: Community Conversations

Join us in conversation as we explore local issues, news from around the world, emerging trends, and more. Light refreshments served.

Wednesdays, Jan. 25,

Feb. 29, Mar. 21, and Apr. 25

7:00 – 8:30 p.m.

No registration required.

Single in the Suburbs

Meet other insightful, suburban singles for candid discussions and light-hearted activities.

New Year's Resolutions

Thursday, Jan. 12

Winter Wonderland

Thursday, Feb. 9

March Mixer

Thursday, Mar. 8

Spring Fling

Thursday, Apr. 12

7:00 – 8:30 p.m.

Registration begins Dec. 19

Stitch and Chat

Drop in with your needlecraft projects for company, tea, and advice from other crafters.

Tuesdays, Jan. 17 to Apr. 17

1:30 – 3:00 p.m.

No registration required

E-Books: A Library On the Go

Are you curious about e-Books? Library staff demonstrate how to download an e-Book using OverDrive.

Wednesday, Jan. 18 **OR**

Wednesday, Mar. 7

10:30 – 11:30 a.m.

Registration begins Dec. 19

What's Cookin' Club

Try a different cookbook monthly, eat tasty treats, and come discuss all things edible! For the food lover at heart.

Thursdays, Jan. 19, Feb. 23,

Mar. 15, and Apr. 19

2:00 – 3:30 p.m.

No registration required

Look Fabulous at Any Age

Meet local fashion stylist Kim Flanagan for tips and advice on how to make the most of your wardrobe.

Thursday, Jan. 26

7:00 – 8:00 p.m.

Registration begins Dec. 19

In a Library Minute!

See if you can beat the clock doing fun activities and exciting games as we celebrate Family Literacy Day with a family fair.

Saturday, Jan. 28

2:00 – 4:00 p.m.

No registration required

FISH CREEK (cont'd)

11161 Bonaventure Drive SE

Branch Hours:

Mon - Thurs • 10 a.m. - 9 p.m.

Fri & Sat • 10 a.m. - 5 p.m.

Sun • Noon - 5 p.m. (mid-Sep to mid-May)

Spanish Conversation Club

Join volunteer coaches and practice Spanish speaking and listening skills through conversational exercises.

This program is for learners with intermediate Spanish language skills.

Ages 16 and up

Mondays, Jan. 30 to Mar. 26

(No program on Feb. 20)

6:30 – 8:00 p.m.

Registration begins Dec. 19

An Evening with Alexander “Sandy” Aitken

Join Alexander “Sandy” Aitken, author of *Mortgage Freedom*, for a discussion on how to pay off your mortgage faster.

Thursday, Feb. 23

7:00 – 8:30 p.m.

Registration begins Dec. 19

Open Mic Night

If you like to sing, dance, juggle, etc., or just want to be part of the audience, join us for our Open Mic Night!

Friday, Feb. 24

7:00 – 9:00 p.m.

No registration required

Fibre Arts Fair

An interactive and colourful display of the fibre arts – from quilting to weaving!

Saturday, Mar. 17

11:00 a.m. – 3:00 p.m.

No registration required

Fit For Life

Personal trainer, Jesse Gerlitz, talks about how fitness and nutrition fundamentals change throughout life stages.

Thursday, Mar. 22

7:00-8:00 p.m.

Registration begins Dec. 19



Local to Global:

Community Conversations

The world is changing quickly and Calgarians are a part of it.

Join us in conversation as we look at local issues, news from around the world, emerging trends and more.

Light refreshments served.

Fish Creek Library

Wednesdays, January 25,

February 29, March 21, and April 25

at 7:00 p.m.



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FISH CREEK (cont'd)

11161 Bonaventure Drive SE

Branch Hours:
Mon - Thurs • 10 a.m. - 9 p.m.
Fri & Sat • 10 a.m. - 5 p.m.
Sun • Noon - 5 p.m. (mid-Sep to mid-May)

Law at Your Library: Personal Directives and Power of Attorney

Learn how to plan for possible loss of independence, including such critical issues surrounding decision making for personal, medical, accommodation, and financial matters if you become incapable of doing so yourself. In partnership with Calgary Legal Guidance.

Tuesday, Mar. 27

7:00 – 8:30 p.m.

Registration begins Dec. 19

Tax Clinic At Your Library

Drop in for free, one-on-one help with your tax return.

First-come, first-serve. In partnership with the United Way of Calgary and Area.

Please note that there is an eligibility requirement based on income.

Tuesday, Apr. 3

4:30 – 8:30 p.m.

No registration required

Fish Creek Provincial Park “Your Backyard”

Get to know Fish Creek Provincial Park and the challenges it faces. Learn how you can protect this important urban watershed.

Wednesday, Apr. 4

7:00 – 8:30 p.m.

Registration begins Dec. 19

Edible Books Festival

Create your own “edible book” from foods found in your kitchen. Share it with the library

and you could win a prize!

For contest rules, call 403-221-1445.

Set up begins at 2:00 p.m.

Saturday, Apr. 14

2:30 – 4:00 p.m.

Registration begins Dec. 19

Registration required for contestants only

No registration required for spectators

ENGLISH AS A SECOND LANGUAGE (ESL)

New Friends and Neighbours Group

Improve English skills, share experiences, and learn about community resources. Free childcare. Presented by the Calgary Immigrant Women’s Association.

Tuesdays, Jan. 10 to Apr. 17
1:00 – 3:00 p.m.

Register by calling Marilee at
403-444-1752

ESL Conversation Club (Intermediate)

Practice your English listening and speaking skills, and learn about the Library’s many resources.

Wednesdays, Feb. 1 to Mar. 21
6:30 – 8:30 p.m.

Registration begins Dec. 19

BUSINESS AND CAREER DEVELOPMENT

Career Basics: Enhancing Your Job Search Through Social Networking

Learn how to set up and use the online networking sites LinkedIn, Facebook, and Twitter to boost your job search campaign. Workshops are led by professional career practitioners from Bow Valley College’s Career Connection.

Monday, Jan. 30

6:30 – 8:30 p.m.

Registration begins Dec. 19

Career Planning with the Internet

Learn effective strategies using websites and databases for career planning. In partnership with Alberta Employment and Immigration.



FISH CREEK (cont'd)

Branch Hours:
Mon - Thurs • 10 a.m. - 9 p.m.
Fri & Sat • 10 a.m. - 5 p.m.
Sun • Noon - 5 p.m. (mid-Sep to mid-May)

11161 Bonaventure Drive SE

Saturday, Feb. 11
1:00 – 4:00 p.m.
Registration begins Dec. 19

FIFTY AND FORWARD

Alternatives for Healthy Living

Learn about the benefits of aromatherapy, massage, and hot stone treatments with Gina Komanac, Relation Massage Therapist.
Tuesday, Jan. 31
12:00 – 1:30 p.m.
Registration begins Dec. 19

Diabetes:

What You Need to Know

Join us for a discussion about the risk factors, signs, and symptoms of diabetes, and get useful information about healthy living. Presented by the Canadian Diabetes Association.
Tuesday, Feb. 7
7:00 – 8:30 p.m.
Registration begins Dec. 19

Protect Your Health: The Facts About Heart Disease and Stroke

Understand the risk factors for, and warning signs of

heart disease and stroke. Presented by the Heart and Stroke Foundation of Alberta.
Friday, Feb. 17
12:00 – 1:30 p.m.
Registration begins Dec. 19

Understanding Dementia

Learn the fundamentals about Alzheimer's disease and related dementias, warning signs, and resources available to you. Presented by the Alzheimer Society of Calgary.
Tuesday, Feb. 28
7:00 – 8:30 p.m.
Registration begins Dec. 19

FOREST LAWN

Branch Hours:
Mon - Thurs • 10 a.m. - 9 p.m.
Fri & Sat • 10 a.m. - 5 p.m.
Sun • Noon - 5 p.m. (mid-Sep to mid-May)

4807 - 8 Avenue SE



OUR HEALTHY FUTURE

Look for this section in the middle of this guide for more programs at this location.

SOMETHING FOR EVERYONE

Come Grow With Us: Community Garden

Are you interested in building a Community Garden at the Forest Lawn Library? Join us for our planning meetings.
Mondays, Jan. 23, Feb. 27,

Mar. 19, and Apr. 23
6:30 – 8:30 p.m.
No registration required

The Refugee Experience Series

In partnership with the Calgary Catholic Immigration Society, In-School Settlement Program, the City of Calgary Community

FOREST LAWN (cont'd)

4807 - 8 Avenue SE

Branch Hours:

Mon - Thurs • 10 a.m. - 9 p.m.

Fri & Sat • 10 a.m. - 5 p.m.

Sun • Noon - 5 p.m. (mid-Sep to mid-May)

and Neighbourhood Services (East Area Office), and the United Nations Association of Canada – Calgary Chapter.

The Issue of Human Trafficking

What is the relationship between human trafficking and Refugees, and how are victims supported by Canada and the United Nations?

Wednesday, Feb. 1

New Canadian Immigration Policies

Are new Canadian immigration policies fairer and faster for Refugees? Join the discussion on how equitable the changes are.

Wednesday, Apr. 25

6:30 – 8:30 p.m.

Registration begins Dec. 19

Law at Your Library: Common Law Living

Get information on your rights and obligations, and how to protect your interests.

In partnership with Calgary Legal Guidance.

Saturday, Feb. 25

2:00 – 4:00 p.m.

Registration begins Dec. 19

Tax Clinic At Your Library

Drop in for free, one-on-one help with your tax return.

First-come, first-serve. In partnership with the United Way of Calgary and Area.

Please note that there is an eligibility requirement based on income.

Saturday, Mar. 31

12:00 – 4:00 p.m.

Registration begins Dec. 19

READING AND WRITING

Adult Book Club

Call for details on specific books.

Thursdays, Jan. 12, Feb. 9,

Mar. 8, and Apr. 12

7:00 – 8:30 p.m.

Registration begins Dec. 19

ENGLISH AS A SECOND LANGUAGE (ESL)

ESL Coffee and Conversation

This is a drop-in program for all ESL learners.

Coffee is provided.

Wednesdays, Feb. 1 to Mar. 21

2:00 – 4:00 p.m.

No registration required

ESL Conversation Club (Intermediate)

Practice your English listening and speaking skills, and learn about the Library's many resources.

Thursdays, Feb. 2 to Mar. 22

6:30 – 8:30 p.m.

Registration begins Dec. 19

Citizenship Preparation Workshop

Learn about Canada with the purpose of preparing yourself for the Citizenship Exam in this in-depth workshop. Attendance is required for both sessions.

In partnership with Immigrant Services Calgary.

Sundays, Mar. 4 and Mar. 11

1:00 – 4:00 p.m.

Registration begins Dec. 19

BUSINESS AND CAREER DEVELOPMENT

Career Basics: Interview Skills

Improve your skills by learning about different types of questions and how to answer them. Workshops are led by professional career practitioners from Bow Valley College's Career Connection.

Tuesday, Feb. 7

7:00 – 8:30 p.m.

Registration begins Dec. 19



FOREST LAWN (cont'd)

4807 - 8 Avenue SE

Branch Hours:
Mon - Thurs • 10 a.m. - 9 p.m.
Fri & Sat • 10 a.m. - 5 p.m.
Sun • Noon - 5 p.m. (mid-Sep to mid-May)

FIFTY AND FORWARD

Wii and Tea

Enjoy a cup of tea, conversation, and fun, low-impact exercise using the Wii entertainment system. Thursdays, Jan. 26, Feb. 23, Mar. 29, and Apr. 26
10:00 a.m. – 12:00 p.m.
Registration begins Dec. 19

Diabetes: What You Need to Know

Join us for a discussion about the risk factors, signs, and symptoms of diabetes, and get useful information about healthy living. Presented by the Canadian Diabetes Association.
Saturday, Feb. 4
2:00 – 3:30 p.m.
Registration begins Dec. 19

Elder Abuse Awareness

Learn about the various ways that elder abuse occurs and what can be done to help seniors in need. Presented by Eva Chan of Calgary Family Services.
Thursday, Apr. 12
2:00 – 3:30 p.m.
Registration begins Dec. 19



It's a PARTY

Branch Birthday Parties

What does a city-wide party look like?

Find out on Saturday, June 2 as all 18 locations of The Calgary Public Library celebrate our 100th anniversary with branch birthday parties! Games, activities, prizes, music, food and more! Everyone is welcome!

For more details, visit www.cpl100.ca



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GLENMORE SQUARE

7740 - 18 Street SE

Branch Hours:
Mon, Tue, Thurs • 10 a.m. - 9 p.m.
Wed • 1 - 9 p.m.
Fri & Sat • 10 a.m. - 5 p.m.
Sun • Noon - 5 p.m. (mid-Sep to mid-May)



OUR HEALTHY FUTURE

Look for this section in the middle of this guide for more programs at this location.

SOMETHING FOR EVERYONE

Celebrate Family Literacy Day

You and your family are invited to help us celebrate Family Literacy Day! Join us for a literacy activity centre, a drop-in family Storytime from 2:15 to 2:45 p.m., and more for your enjoyment throughout the day.

Saturday, Jan. 28
10:30 a.m. – 4:00 p.m.
No registration required

Do-It-Yourself Tax Help

Canada Revenue Agency staff help you complete a simple 2011 tax return. Participants must bring income slips, related receipts, calculator, pen, and paper. To ensure maximum benefit of this program, please be on time as there will be no late admittance.

Wednesday, Mar. 28
6:00 – 8:00 p.m.
Registration begins Dec. 19

ENGLISH AS A SECOND LANGUAGE (ESL)

New Friends and Neighbours Group

Improve English skills, share experiences, and learn about community resources. Free childcare. Presented by the Calgary Immigrant Women's Association.

Fridays, Jan. 6 to Apr. 27
(No program on Apr. 6)
10:00 a.m. – 12:00 p.m.

Register by calling Marilee at 403-444-1752

FIFTY AND FORWARD

Book Club for Seniors

Join a lively discussion on books. Call for details of book titles.

Thursdays, Jan. 5, Feb. 2, Mar. 1, and Apr. 5
2:30 – 3:30 p.m.
Registration begins Dec. 19

Understanding Dementia

Learn the fundamentals about Alzheimer's disease and related dementias, warning signs, and resources available to you. Presented by the Alzheimer Society of Calgary.

Monday, Mar. 19
2:00 – 3:30 p.m.
Registration begins Dec. 19

Diabetes: What You Need to Know

Join us for a discussion about the risk factors, signs, and symptoms of diabetes, and get useful information about healthy living. Presented by the Canadian Diabetes Association.

Monday, Apr. 16
2:00 – 3:30 p.m.
Registration begins Dec. 19



REGISTER FOR PROGRAMS ONLINE

calgarypubliclibrary.com

LOUISE RILEY

Branch Hours:

Mon - Thurs • 10 a.m. - 9 p.m.

Fri & Sat • 10 a.m. - 5 p.m.

Sun • Noon - 5 p.m. (mid-Sep to mid-May)

1904 - 14 Avenue NW



OUR HEALTHY FUTURE

Look for this section in the middle of this guide for more programs at this location.

SOMETHING FOR EVERYONE

Tax Clinic At Your Library

Drop in for free, one-on-one help with your tax return. First-come, first-serve. In partnership with the United Way of Calgary and Area. Please note that there is an eligibility requirement based on income. Saturday, Apr. 7
12:00 – 4:00 p.m.
No registration required

READING AND WRITING

Adult Book Club

Call for details on specific books.
Tuesdays, Jan. 24, Feb. 28, Mar. 27, and Apr. 24
7:00 – 8:30 p.m.
Registration begins Dec. 19

ENGLISH AS A SECOND LANGUAGE (ESL)

ESL Conversation Club (Intermediate)

Practice your English listening and speaking skills, and learn about the Library's many resources.

Wednesdays, Feb. 1 to Mar. 21
6:30 – 8:30 p.m.

Registration begins Dec. 19

BUSINESS AND CAREER DEVELOPMENT

LinkedIn:

From Start to Finish

Learn the process of creating a complete LinkedIn profile, one of the best social media tools for job searching, in this five hour, hands-on workshop. Bring an electronic version of your resume. Intermediate computer and English skills are required. Workshop is led by professional career practitioners from Bow Valley College's Career Connection. Saturday, Apr. 21
11:00 – 4:00 p.m.

Registration begins Dec. 19

FIFTY AND FORWARD

50+ Coffee and Conversation

Join us for coffee, conversation, and presentations of interest.

Ages 50 and up

Mondays, Jan. 9 to Apr. 30

Adding Joy to Your Life

Have you lost your joy?

Come and explore many resources and opportunities for new experiences in 2012 that will help promote a positive lifestyle.

Presented by Lois Faris of Life Transitions.

Monday, Feb. 13

2:00 – 3:30 p.m.

Registration begins Dec. 19

Protect Your Health: The Facts About Heart Disease and Stroke

Understand the risk factors for, and warning signs of heart disease and stroke.

Presented by the Heart and Stroke Foundation of Alberta.

Monday, Apr. 16

2:00 – 3:30 p.m.

Registration begins Dec. 19

MEMORIAL PARK

Branch Hours:
Mon, Fri, Sat • 10 a.m. - 5 p.m.
Tue - Thurs • Noon - 8 p.m.
Sun • Noon - 5 p.m. (mid-Sep to mid-May)

1221 - 2 Street SW



OUR HEALTHY FUTURE

Look for this section in the middle of this guide for more programs at this location.

SOMETHING FOR EVERYONE

Vital Conversations: Exploring Calgary's Cultural Heritage

In partnership with The Calgary Public Library, the Calgary Foundation hosts a series of free community dialogue events that build on the findings of the 2011 Calgary

Vital Signs Report – an annual check-up that takes the pulse of Calgary. Free to attend. A light supper is provided. Friday, Feb. 10
5:00 p.m. Doors open, refreshments
6:00 – 8:00 p.m.
Register through thecalgaryfoundation.org

Social Justice Encounter

Join us for a day of interactive sessions focusing on social justice issues that people face everyday. This full-day event includes workshops, presentations, discussion groups, a resource fair, and more.

**Saturday,
March 17
Central Library**



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MEMORIAL PARK

Branch Hours:
Mon, Fri, Sat • 10 a.m. - 5 p.m.
Tue - Thurs • Noon - 8 p.m.
Sun • Noon - 5 p.m. (mid-Sep to mid-May)

1221 - 2 Street SW

Heritage Roundtable: Calgary in 1912

Professor Don Smith, author Brian Brennan, and Stampede Archivist Aimee Benoit show us what Calgary was really like in 1912.

Wednesday, Jan. 25

6:30 – 8:30 p.m.

Basement Meeting Room 2

No registration required

Spanish Conversation Club

Join volunteer coaches and practice Spanish speaking and listening skills through conversational exercises. This program is for learners with intermediate Spanish language skills.

Ages 16 and up

Wednesdays, Feb. 1 to

Mar. 21

6:00 – 7:30 p.m.

Registration begins Dec. 19

Do-It-Yourself Tax Help

Canada Revenue Agency staff help you complete a simple 2011 tax return. Participants must bring income slips, related receipts, calculator, pen, and paper. To ensure maximum benefit of this program, please be on time as there will be no late admittance.

Saturday, Mar. 31

1:00 – 3:00 p.m.

Registration begins Dec. 19

READING AND WRITING

Aboriginal Writers' Circle

Join us in our exploration of the written word and oral storytelling. For more information, contact

Sarah Scout at 403-481-0154.

Thursdays, Jan. 5, Feb. 2,

Mar. 1, and Apr. 5

6:00 – 8:00 p.m.

Basement Meeting Room 1

No registration required

AUTHOR READINGS

Writing in the Works 5

Rita Bozi, Jane Cawthorne, Lori Hahnel, Rea Tarvydas, and Robin van Eck read from books which are in progress, soon to be published, and on the prowl for publishers.

Hosted by Rona Altrows.

Saturday, Mar. 10

1:30 – 3:30 p.m.

No registration required

ENGLISH AS A SECOND LANGUAGE (ESL)

ESL Conversation Club (Intermediate)

Practice your English listening and speaking skills, and learn about the Library's many resources.

Mondays, Jan. 30 to Mar. 26

(No program on Feb. 20)

2:30 – 4:30 p.m.

Registration begins Dec. 19

Citizenship Preparation Class

Learn about Canada with the purpose of preparing yourself for the Citizenship Exam.

In partnership with Immigrant Services Calgary.

Saturday, Feb. 11

1:00 – 4:00 p.m.

Registration begins Dec. 19

BUSINESS AND CAREER DEVELOPMENT

Career Basics: Enhancing Your Job Search Through Social Networking

Learn how to set up and use the online networking sites LinkedIn, Facebook and Twitter to boost your job search campaign. Workshops are led by professional career practitioners from Bow Valley College's Career Connection.

Saturday, Feb. 25

1:00 – 3:00 p.m.

Registration begins Dec. 19



NOSE HILL

Branch Hours:

Mon - Thurs • 10 a.m. - 9 p.m.

Fri & Sat • 10 a.m. - 5 p.m.

Sun • Noon - 5 p.m. (mid-Sep to mid-May)

1530 Northmount Drive NW



OUR HEALTHY FUTURE

Look for this section in the middle of this guide for more programs at this location.

SOMETHING FOR EVERYONE

E-Books:

A Library On the Go

Are you curious about e-Books? Library staff demonstrate how to download an e-Book using OverDrive.

Wednesday, Jan. 18
7:00 – 8:30 p.m.

Registration begins Dec. 19

Spanish Conversation Club

Join volunteer coaches and practice Spanish speaking and listening skills through conversational exercises.

This program is for learners with intermediate Spanish language skills.

Ages 16 and up

Thursdays, Feb. 2 to Mar. 22
6:30 – 8:30 p.m.

Registration begins Dec. 19

Do-It-Yourself Tax Help

Canada Revenue Agency staff help you complete a simple 2011 tax return. Participants must bring income slips, related receipts, calculator, pen, and paper. To ensure maximum benefit of this program, please be on time as there will be no late admittance.

Wednesday, Mar. 21

6:30 – 8:30 p.m.

Registration begins Dec. 19

READING AND WRITING

Adult Book Club

Call for details on specific books.

Mondays, Jan. 30, Feb. 27,
Mar. 19, and Apr. 30

1:30 – 3:00 p.m. **OR**

Mondays, Jan. 30, Feb. 27,
Mar. 26, and Apr. 30

7:00 – 8:30 p.m.

Registration begins Dec. 19

BUSINESS AND CAREER DEVELOPMENT

Career Basics:

Enhancing Your Job Search Through Social Networking

Learn how to set up and use the online networking sites LinkedIn, Facebook and Twitter to boost your job search campaign. Workshops are led by professional career practitioners from Bow Valley College's Career Connection.

Saturday, Apr. 14

2:00 – 4:00 p.m.

Registration begins Dec. 19

FIFTY AND FORWARD

50+ Coffee and Conversation

Join us for coffee, conversation, and presentations of interest.

Ages 50 and up

Mondays, Jan. 9, Feb. 6, Mar. 5, and Apr. 2

No registration required

Adding Joy to Your Life

Have you lost your joy?

Come and explore many resources and opportunities for new experiences in 2012 that will help promote a positive lifestyle. Presented by Lois Faris of Life Transitions.

Monday, Jan. 9

1:00 – 2:30 p.m.

No registration required

Diabetes:

What You Need to Know

Join us for a discussion about the risk factors, signs, and symptoms of diabetes, and get useful information about healthy living.

Presented by the Canadian Diabetes Association.

Monday, Feb. 6

1:00 – 2:30 p.m.

No registration required

Branch Hours:**Mon - Thurs • 10 a.m. - 9 p.m.****Fri & Sat • 10 a.m. - 5 p.m.****Sun • Noon - 5 p.m.** (mid-Sep to mid-May)**1530 Northmount Drive NW****Elder Abuse Awareness**

Learn about the various ways that elder abuse occurs and what can be done to help seniors in need. Presented by Eva Chan of Calgary Family Services.

Monday, Mar. 5
1:00 – 2:30 p.m.

No registration required

SeniorConnect

Recognize the signs and symptoms of a senior at risk. Learn more about the available community support services, which will allow them to live safely and independently in their homes. Presented by the Calgary Resource Society.

Monday, Apr. 2
1:00 – 2:30 p.m.

No registration required

Champions of Learning

Promoting Adult Learning and Literacy in Calgary

Come and celebrate **International Adult Learners' Week** in Calgary on Saturday, **March 24, 2012** from 10 am to 4 pm.

The **Champions of Learning** event, located at the new Saddletowne branch of The Calgary Public Library, will include free seminars and resources for adult learners. Join us for this special day of learning created just for you.

Free Seminars

10 a.m. Take the Stress Out of Life with Feng Shui

11 a.m. Home Staging

12:30 p.m. Discover the History and Art of Chocolate

1:30 p.m. Calgary 1912

2:30 p.m. Online Business – Pros and Cons

3:30 p.m. The New Retirement

Register online for one or more free seminars by visiting calgarypubliclibrary.com (select the Saddletowne location and click 'Search') or call 403-260-2620 beginning December 19, 2011.

Brought to you by: Bow Valley College Continuing Education, Calgary John Howard Society, Calgary Association of Lifelong Learners, Calgary Learning Centre, Calgary Learns, Calgary Public Library, Chinook Learning Services (Calgary Board of Education), Further Education Society, Literacy Alberta, Mount Royal University Continuing Education, SAIT Polytechnic Continuing Education, and University of Calgary Continuing Education

conted.ucalgary.ca/championsoflearning

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SADDLETOWNE

7555 Falconridge Blvd NE

Branch Hours:

Mon • Thurs: 10 a.m. - 9 p.m.

Fri & Sat • 10 a.m. - 5 p.m.

Sun • Noon - 5 p.m. (mid-Sep to mid-May)



OUR HEALTHY FUTURE

Look for this section in the middle of this guide for more programs at this location.

SOMETHING FOR EVERYONE

Ecopalooza 2012

Come out for some fun with eco-friendly activities and exhibits, and discover what you and your family can do to be a part of creating a sustainable Calgary. Saturday, April 21
10:00 a.m. – 3:00 p.m.
No registration required

Law at Your Library: Wills and Estates

Learn how to plan your will, including types of wills, what to include, choosing an executor, and power of attorney. In partnership with Calgary Legal Guidance. Thursday, Mar. 1
7:00 – 8:30 p.m.
Registration begins Dec. 19

Tax Clinic At Your Library

Drop in for free, one-on-one help with your tax return. First-come, first-serve. In partnership with the United Way of Calgary and Area. Please note that there is an eligibility requirement based on income. Saturday, Mar. 10
12:00 – 4:00 p.m.
No registration required

CHAMPIONS OF LEARNING 2012

Take the Stress Out of Life with Feng Shui

Learn about Feng Shui, the different schools, the history, and why Feng Shui is so much more than interior design. Presented by Mount Royal University.
10:00 – 11:00 a.m.

Home Staging

Janet Mah will present techniques to help showcase your home in its best light to help it attract the best selling price. Presented by Bow Valley College.
11:00 a.m. – 12:00 p.m.

Discover the History and Art of Chocolate

Explore the wonderful world of chocolate in an hour long discussion about the history and art of chocolate with

samples. Presented by SAIT Polytechnic.
12:30 – 1:30 p.m.

Calgary 1912

Dr. Donald Smith will examine many aspects of Calgary in 1912 at the height of its first big boom. Presented by the Calgary Association of Lifelong Learners (CALL)
1:30 – 2:30 p.m.

Online Business – Pros and Cons

Discover from an experienced e-business owner, Jacqui Levson, what you need to know about starting an online business. Presented by Chinook Learning Services.
2:30 – 3:30 p.m.

The New Retirement

Brian Lambier presents traditional and new models of retirement plus 15 key factors to help you understand and plan a successful retirement. Presented by U of C Continuing Education. Saturday, Mar. 24
3:30 – 4:30 p.m.
Registration begins Dec. 19

SADDLETOWNE (cont'd)

7555 Falconridge Blvd NE

Branch Hours:

Mon • Thurs: 10 am - 9 pm

Fri & Sat • 10 am - 5 pm

Sun • Noon - 5 p.m. (mid-Sep to mid-May)

ENGLISH AS A SECOND LANGUAGE (ESL)

ESL Conversation Club (Intermediate)

Practice your English listening and speaking skills, and learn about the Library's many resources.

Wednesdays, Feb. 1 to Mar. 21

6:30 – 8:30 p.m.

Registration begins Dec. 19

ESL Coffee and Conversation

This is a drop-in program for all ESL learners.

Coffee is provided.

Thursdays, Feb. 9 to Mar. 29

10:30 a.m. – 12:00 p.m.

No registration required

Citizenship Preparation Class

Learn about Canada with the purpose of preparing yourself for the Citizenship Exam. In partnership with Immigrant Services Calgary.

Saturday, Feb. 18

1:00 – 4:00 p.m.

Registration begins Dec. 19

Citizenship Preparation Workshop

Learn about Canada with the purpose of preparing yourself for the Citizenship Exam in this in-depth workshop. Attendance is required for both sessions.

In partnership with Immigrant Services Calgary.

Saturdays, Feb. 25 and Mar. 3

1:00 – 4:00 p.m.

Registration begins Dec. 19

BUSINESS AND CAREER DEVELOPMENT

How to Become Self-Employed

Learn the basics of contract work, including proposal writing, marketing tools, negotiating agreements, and more. Participants must attend both sessions.

In partnership with Alberta Employment and Immigration.

Saturdays, Jan. 21 and

Jan. 28

10:30 a.m. – 4:30 p.m.

Registration begins Dec. 19

Career Basics

Workshops are led by professional career practitioners from Bow Valley College's Career Connection.

Moving Forward – Mid-Life Career Change

Learn about the unique challenges and opportunities that come with looking for work mid life, along with resume strategies.

Monday, Jan. 16

Resume Development

Learn how to create a professional resume to put your best foot forward.

Thursday, Apr. 12

Interview Skills

Improve your skills by learning about different types of questions and how to answer them.

Thursday, Apr. 26

6:30 – 8:30 p.m.

Registration begins Dec. 19

FIFTY AND FORWARD

Alternatives for Healthy Living

Learn about the benefits of aromatherapy, massage, and hot stone treatments with Gina Komanac, Relation Massage Therapist.

Tuesday, Mar. 20

7:00 – 8:30 p.m.

Registration begins Dec. 19

Elder Abuse Awareness

Learn about the various ways that elder abuse occurs and what can be done to help seniors in need. Presented by Eva Chan of Calgary Family Services.

Wednesday, Apr. 11

7:00 – 8:30 p.m.

Registration begins Dec. 19

SHAGANAPPI

3415 - 8 Avenue SW

Branch Hours:

Mon & Wed • 1 - 9 p.m.

Tue • 10 a.m. - 9 p.m.

Thurs - Sat • 10 a.m. - 5 p.m.

Sun • Noon - 5 p.m. (mid-Sep to mid-May)



OUR HEALTHY FUTURE

Look for this section in the middle of this guide for more programs at this location.

SOMETHING FOR EVERYONE

E-Books:

A Library On the Go

Are you curious about e-Books? Library staff demonstrate how to download an e-Book using OverDrive.

Monday, Jan. 23

7:00 – 8:30 p.m.

Registration begins Dec. 19

Tax Clinic At Your Library

Drop in for free, one-on-one help with your tax return. First-come, first-serve. In partnership with the United Way of Calgary and Area. Please note that there is an eligibility requirement based on income.

Wednesday, Mar. 28

4:30 – 8:30 p.m.

No registration required

Law at Your Library: Wills and Estates

Learn how to plan your will, including types of wills, what to include, choosing an executor, and power of attorney. In partnership with Calgary Legal Guidance.

Wednesday, Apr. 4

7:00 – 8:30 p.m.

Registration begins Dec. 19

READING AND WRITING

Adult Book Club

Call for details on specific books.

Mondays, Jan. 16, Feb. 13,

Mar. 12, and Apr. 16

6:30 – 8:00 p.m.

Registration begins Dec. 19

ENGLISH AS A SECOND LANGUAGE (ESL)

New Friends and Neighbours Group

Improve English skills, share experiences, and learn about community resources. Free childcare. Presented by the Calgary Immigrant Women's Association.

Tuesdays, Jan. 10 to Apr. 24

1:00 – 3:00 p.m.

Register by calling Marilee at 403-444-1752

ESL Conversation Club (Intermediate)

Practice your English listening and speaking skills and learn about the Library's many resources.

Tuesdays, Jan. 31 to Mar. 20
6:30 – 8:30 p.m.

Registration begins Dec. 19

Citizenship Preparation Class

Learn about Canada with the purpose of preparing yourself for the Citizenship Exam. In partnership with Immigrant Services Calgary.

Saturday, Mar. 10

10:00 a.m. – 1:00 p.m.

Registration begins Dec. 19

BUSINESS AND CAREER DEVELOPMENT

Career Basics:

Enhancing Your Job Search Through Social Networking

Learn how to set up and use the online networking sites LinkedIn, Facebook and Twitter to boost your job search campaign. Workshops are led by professional career practitioners from Bow Valley College's Career Connection.

Wednesday, Feb. 8

6:30 – 8:30 p.m.

Registration begins Dec. 19

SHAGANAPPI (cont'd)

3415 - 8 Avenue SW

Work Search with the Internet

Learn effective strategies using websites and databases, and how to apply for jobs online. In partnership with Alberta Employment and Immigration. Wednesday, Apr. 18
6:00 – 9:00 p.m.
Registration begins Dec. 19

FIFTY AND FORWARD

Understanding Dementia
Learn the fundamentals about Alzheimer's disease and related dementias, warning signs, and resources available

to you. Presented by the Alzheimer Society of Calgary. Wednesday, Apr. 11
7:00 – 8:30 p.m.
Registration begins Dec. 19

Branch Hours:

Mon & Wed • 1 - 9 p.m.

Tue • 10 a.m. - 9 p.m.

Thurs - Sat • 10 a.m. - 5 p.m.

Sun • Noon - 5 p.m. (mid-Sep to mid-May)

SHAWNESSY

333 Shawville Boulevard SE

Branch Hours:

Mon - Thurs • 10 a.m. - 9 p.m.

Fri & Sat • 10 a.m. - 6 p.m.

Sun • Noon - 5 p.m. (mid-Sep to mid-May)



OUR HEALTHY FUTURE

Look for this section in the middle of this guide for more programs at this location.

SOMETHING FOR EVERYONE

Spanish Conversation Club

Join volunteer coaches and practice Spanish speaking and listening skills through conversational exercises. This program is for learners with intermediate Spanish language skills. Ages 16 and up
Mondays, Jan. 30 to Mar. 26
(No program on Feb. 20)
7:00 – 8:30 p.m.
Registration begins Dec. 19

E-Books:

A Library On the Go

Are you curious about e-Books? Library staff demonstrate how to download an e-Book using OverDrive. Tuesday, Mar. 13
7:00 – 8:30 p.m.
Registration begins Dec. 19

Law at Your Library: Wills and Estates

Learn how to plan your will, including types of wills, what to include, choosing an executor, and power of attorney. In partnership with Calgary Legal Guidance.

333 Shawville Boulevard SE

Branch Hours:

Mon - Thurs • 10 a.m. - 9 p.m.

Fri & Sat • 10 a.m. - 6 p.m.

Sun • Noon - 5 p.m. (mid-Sep to mid-May)

Thursday, Mar. 29
7:00 – 8:30 p.m.

Registration begins Dec. 19

Tax Clinic At Your Library

Drop in for free, one-on-one help with your tax return. First-come, first-serve. In partnership with the United Way of Calgary and Area. Please note that there is an eligibility requirement based on income.

Wednesday, Apr. 4

4:30 – 8:30 p.m.

No registration required

READING AND WRITING**Adult Book Club**

Call for details on specific books.

Thursdays, Jan. 26, Feb. 23, Mar. 29, and Apr. 26

2:00 – 3:30 p.m. **OR**

Tuesdays, Jan. 31, Feb. 28, Mar. 27, and Apr. 24

7:00 – 8:30 p.m.

Registration begins Dec. 19

ENGLISH AS A SECOND LANGUAGE (ESL)**Citizenship****Preparation Class**

Learn about Canada with the purpose of preparing yourself for the Citizenship Exam. In partnership with Immigrant Services Calgary.

Saturday, Jan. 28

1:30 – 4:30 p.m.

Registration begins Dec. 19

ESL Coffee and Conversation

This is a drop-in program for all ESL learners.

Coffee is provided.

Wednesdays, Feb. 1 to Mar. 21

7:00 – 8:30 p.m.

No registration required

ESL Conversation Club (Intermediate)

Practice your English listening and speaking skills, and learn about the Library's many resources.

Thursdays, Feb. 2 to Mar. 22

6:30 – 8:30 p.m.

Registration begins Dec. 19

Welcome to Canada: Community Resources and Social Benefits (Spanish)

Join us for an information session regarding valuable social benefits and services in Calgary, which can impact you and your family. In partnership with the Calgary Bridge Foundation In-School Settlement Program.

Saturday, Feb. 11

1:30 – 3:30 p.m.

Register by calling

403-988-2861

BUSINESS AND CAREER DEVELOPMENT**Career Coaching**

Looking for work? Drop in for one-on-one help with job searching skills, take part in

practice interviews, revamp your resume or craft that all important cover letter.

Saturdays, Jan. 7 to Apr. 28
11:00 a.m. – 1:00 p.m.

No registration required

Career Basics:**Resume Development**

Learn how to create a professional resume to put your best foot forward. Workshops are led by professional career practitioners from Bow Valley College's Career Connection.

Tuesday, Feb. 7

6:30 – 8:30 p.m.

Registration begins Dec. 19

FIFTY AND FORWARD**50+ Coffee and Conversation**

Join us for coffee, conversation, and presentations of interest.

Ages 50 and up

Fridays, Jan. 6 to Apr. 27

2:00 – 3:30 p.m.

No registration required

Diabetes:**What You Need to Know**

Join us for a discussion about the risk factors, signs, and symptoms of diabetes, and get useful information about healthy living.

Presented by the Canadian Diabetes Association.

Friday, Jan. 20

2:00 – 3:30 p.m.

Registration begins Dec. 19

SHAWNESSY (cont'd)

333 Shawville Boulevard SE

Branch Hours:
Mon - Thurs • 10 a.m. - 9 p.m.
Fri & Sat • 10 a.m. - 6 p.m.
Sun • Noon - 5 p.m. (mid-Sep to mid-May)

Protect Your Health: The Facts About Heart Disease and Stroke

Understand the risk factors for, and warning signs of heart disease and stroke. Presented by the Heart and Stroke Foundation of Alberta. Friday, Feb. 3
2:00 – 3:30 p.m.
Registration begins Dec. 19

Understanding Dementia

Learn the fundamentals about Alzheimer's disease and related dementias, warning signs, and resources available to you. Presented by the Alzheimer Society of Calgary.

Friday, Feb. 17
2:00 – 3:30 p.m.
Registration begins Dec. 19

Elder Abuse Awareness

Learn about the various ways that elder abuse occurs and what can be done to help seniors in need. Presented by Eva Chan of Calgary Family Services. Friday, Mar. 2
2:00 – 3:30 p.m.
Registration begins Dec. 19

Adding Joy to Your Life

Have you lost your joy? Come and explore many resources and opportunities for new experiences in 2012

that will help promote a positive lifestyle. Presented by Lois Faris of Life Transitions. Friday, Mar. 16
2:00 – 3:30 p.m.
Registration begins Dec. 19

SeniorConnect

Recognize the signs and symptoms of a senior at risk. Learn more about the available community support services which will allow them to live safely and independently in their homes. Presented by the Calgary Resource Society. Friday, Apr. 20
2:00 – 3:30 p.m.
Registration begins Dec. 19



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Annie Davidson Speaker Series

WANTED:

Change agents... like Annie Davidson

Join us as we celebrate the spirit of Annie Davidson, a 68-year-old widow with a passion for books who spearheaded the support needed to build Calgary's first public library over 100 years ago. Join us for a special evening to hear from another great Canadian about our future together.

See www.cpl100.ca for more details.



SIGNAL HILL

5994 Signal Hill Centre SW

Branch Hours:

Mon - Thurs • 10 a.m. - 9 p.m.

Fri & Sat • 10 a.m. - 5 p.m.

Sun • Noon - 5 p.m. (mid-Sep to mid-May)



OUR HEALTHY FUTURE

Look for this section in the middle of this guide for more programs at this location.

SOMETHING FOR EVERYONE

Vital Conversations: Urban Environmental Sustainability

In partnership with The Calgary Public Library, the Calgary Foundation hosts a series of free community dialogue events that build on the findings of the 2011 Calgary Vital Signs Report – an annual check-up that takes the pulse of Calgary. Free to attend. A light supper is provided.
Friday, April 20
5:30 p.m. Doors open, refreshments
6:30 – 8:30 p.m.
Register through thecalgaryfoundation.org

Networking Neighbourhoods

Join the Calgary Centre for Global Community and the Calgary Public Library as we share methods and models for hosting meaningful community conversations. Bring your friends and meet your neighbours as we strengthen our social fabric by addressing issues that are important to all Calgarians, Thursdays, Jan. 26, Feb. 23, Mar. 22, Apr. 26
7:00 – 8:30 p.m.
No registration required

Film Club

Join us each month to watch and discuss a film with fellow movie buffs! Call for more details.
Mondays, Jan. 16, Feb. 13, Mar. 12, and Apr. 16
6:30 – 8:30 p.m.
Registration begins Dec. 19

Healthy Living Fair

Learn about a wide range of health resources... for your family, your community, and our world. Exhibits and activities for all ages.
Saturday, Mar. 10
11:00 a.m. – 3:00 p.m.
No registration required

Stitch and Chat

Drop in with your needlecraft projects for company, tea, and advice from other crafters.

Wednesdays, Jan. 11 to Apr. 11
1:30 – 3:00 p.m.
No registration required

E-Books: A Library On the Go

Are you curious about e-Books? Library staff demonstrate how to download an e-Book using OverDrive.
Thursday, Jan. 19
7:00 – 8:30 p.m. **OR**
Friday, Mar. 9
2:00 – 3:30 p.m.
Registration begins Dec. 19

Tax Clinic At Your Library

Drop in for free, one-on-one help with your tax return. First-come, first-serve. In partnership with the United Way of Calgary and Area. Please note that there is an eligibility requirement based on income.
Tuesday, Mar. 20
4:30 – 8:30 p.m.
No registration required

Law at Your Library: Personal Directives and Power of Attorney

Learn how to plan for possible loss of independence, including such critical issues surrounding decision making for personal, medical, accommodation, and financial matters if you become incapable of doing so yourself. In partnership with Calgary Legal Guidance.

SIGNAL HILL (cont'd)

5994 Signal Hill Centre SW

Branch Hours:
Mon - Thurs • 10 a.m. - 9 p.m.
Fri & Sat • 10 a.m. - 5 p.m.
Sun • Noon - 5 p.m. (mid-Sep to mid-May)

Wednesday, Mar. 21
7:00 – 8:30 p.m.
Registration begins Dec. 19

READING AND WRITING

Adult Book Club

Call for details on specific books.

Tuesdays, Jan. 10, Feb. 7, Mar. 6, and Apr. 3

7:00 – 8:30 p.m. **OR**

Sundays, Jan. 15, Feb. 12, Mar. 11, and Apr. 15

2:00 – 3:30 p.m. **OR**

Mondays, Jan. 16, Feb. 13, Mar. 12, and Apr. 16

1:30 – 3:00 p.m.

Registration begins Dec. 19

ENGLISH AS A SECOND LANGUAGE (ESL)

ESL Conversation Club (Intermediate)

Practice your English listening and speaking skills, and learn about the Library's many resources.

Thursdays, Feb. 2 to Mar. 22
6:30 – 8:30 p.m.

Registration begins Dec. 19

Welcome to Canada: Newcomer's Session (Korean)

Find out about community supports, government services, school systems, ESL, and other resources available in Calgary. In partnership with

the Calgary Bridge Foundation In-School Settlement Program.

Saturday, Mar. 3

10:30 a.m. – 12:30 p.m.

Register by calling

403-999-3329

Citizenship Preparation Class

Learn about Canada with the purpose of preparing yourself for the Citizenship Exam. In partnership with Immigrant Services Calgary.

Saturday, Apr. 14

1:00 – 4:00 p.m.

Registration begins Dec. 19

BUSINESS AND CAREER DEVELOPMENT

Work Search with the Internet

Learn effective strategies using websites and databases and how to apply for jobs online. In partnership with Alberta Employment and Immigration.

Saturday, Apr. 21

10:00 a.m. – 1:00 p.m.

Registration begins Dec. 19

FIFTY AND FORWARD

50+ Coffee and Conversation

Join us for coffee, conversation, and presentations of interest.

Ages 50 and up

Fridays, Jan. 27, Feb. 24,

Mar. 23, and Apr. 20

2:00 – 3:30 p.m.

No registration required

Alternatives for Healthy Living

Learn about the benefits of aromatherapy, massage, and hot stone treatments with Gina Komanac, Relation Massage Therapist.

Friday, Jan. 13

2:00 – 3:30 p.m.

Registration begins Dec. 19

Protect Your Health: The Facts About Heart Disease and Stroke

Understand the risk factors for, and warning signs of heart disease and stroke.

Presented by the Heart and Stroke Foundation of Alberta.

Friday, Feb. 10

2:00 – 3:30 p.m.

Registration begins Dec. 19

Adding Joy to Your Life

Have you lost your joy? Come and explore many resources and opportunities for new experiences in 2012 that will help promote a positive lifestyle. Presented by Lois Faris of Life Transitions.

Friday, Apr. 27

2:00 – 3:30 p.m.

Registration begins Dec. 19

SOUTHWOOD

924 Southland Drive SW

Branch Hours:
Mon - Thurs • 10 a.m. - 9 p.m.
Fri & Sat • 10 a.m. - 5 p.m.
Sun • Noon - 5 p.m. (mid-Sep to mid-May)



OUR HEALTHY FUTURE

Look for this section in the middle of this guide for more programs at this location.

SOMETHING FOR EVERYONE

Experience the World of Magic

Join aspiring magicians as they practice their craft and show you how to perform a basic trick or two. In partnership with the Calgary Magic Circle and Yeats Magic Co.
Ages 12 and up

Sunday, Feb. 12
2:00 – 3:30 p.m.
Registration begins Dec. 19

Rock Gardening Basics

Learn some basic techniques for building, planting, and growing rock garden plants. Presented by the Calgary Rock and Alpine Garden Society.
Monday, Apr. 23
7:00 – 8:00 p.m.
Registration begins Dec. 19

Spanish Conversation Club

Join volunteer coaches and practice Spanish speaking and listening skills through conversational exercises. This program is for learners with intermediate Spanish language skills.
Ages 16 and up
Wednesdays, Feb. 1 to Mar. 21
7:00 – 8:30 p.m.
Registration begins Dec. 19

READING AND WRITING

Adult Book Club – What Are You Reading?

Share your favorite books with others, find new titles to read, and enjoy the conversation. Tuesdays, Jan. 24, Feb. 28, Mar. 27, and Apr. 24
7:00 – 8:00 p.m.
Registration begins Dec. 19

ENGLISH AS A SECOND LANGUAGE (ESL)

ESL Conversation Club (Intermediate)

Practice your English listening and speaking skills, and learn about the Library's many resources.
Mondays, Jan. 30 to Mar. 26 (No program on Feb. 20)
6:30 – 8:30 p.m.
Registration begins Dec. 19

FIFTY AND FORWARD

Adding Joy to Your Life

Have you lost your joy? Come and explore many resources, and opportunities for new experiences in 2012 that will help promote a positive lifestyle. Presented by Lois Faris of Life Transitions.
Tuesday, Feb. 7
10:00 – 11:30 a.m.
Registration begins Dec. 19

Renew your items up to four times



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THORN-HILL

6617 Centre Street N

Branch Hours:

Mon - Thurs • 10 a.m. - 9 p.m.

Fri & Sat • 10 a.m. - 5 p.m.

Sun • Noon - 5 p.m. (mid-Sep to mid-May)



OUR HEALTHY FUTURE

Look for this section in the middle of this guide for more programs at this location.

SOMETHING FOR EVERYONE

Stitch and Chat

Drop in with your needlecraft projects for company, tea, and advice from other crafters.

Fridays, Jan. 6 to Apr. 27

(No program on Apr. 6)

1:30 – 3:00 p.m.

No registration required

E-Books:

A Library On the Go

Are you curious about e-Books? Library staff demonstrate how to download an e-Book using OverDrive.

Tuesday, Feb. 7 **OR**

Tuesday, Apr. 17

7:00 – 8:30 p.m.

Registration begins Dec. 19

Tax Clinic At Your Library

Drop in for free, one-on-one help with your tax return. First-come, first-serve. In partnership with the United

Way of Calgary and Area. Please note that there is an eligibility requirement based on income.

Wednesday, Apr. 11

4:30 – 8:30 p.m.

No registration required

READING AND WRITING

Adult Book Club

Call for details on specific books.

Wednesdays, Jan. 4, Feb. 1,

Mar. 7, and Apr. 4

1:30 – 3:00 p.m.

Registration begins Dec. 19

ENGLISH AS A SECOND LANGUAGE (ESL)

New Friends and Neighbours Group

Improve English skills, share experiences, and learn about community resources.

Free childcare. Presented by the Calgary Immigrant Women's Association.

Mondays, Jan. 9 to Apr. 30

(No program on Feb. 20)

10:00 a.m. – 12:00 p.m.

Register by calling Marilee at 403-444-1752

ESL Conversation Club (Intermediate)

Practice your English listening and speaking skills, and learn about the Library's many resources.

Mondays, Jan. 30 to Mar. 26
(No program on Feb. 20)

6:30 – 8:30 p.m.

Registration begins Dec. 19

Citizenship Preparation Class

Learn about Canada with the purpose of preparing yourself for the Citizenship Exam. In partnership with Immigrant Services Calgary.

Tuesday, Apr. 24

6:00 – 9:00 p.m.

Registration begins Dec. 19

BUSINESS AND CAREER DEVELOPMENT

Work Search with the Internet

Learn effective strategies using websites and databases, and how to apply for jobs online.

In partnership with Alberta Employment and Immigration.

Tuesday, Mar. 13

6:00 – 9:00 p.m.

Registration begins Dec. 19

FIFTY AND FORWARD

Understanding Dementia

Learn the fundamentals about Alzheimer's disease and related dementias, warning signs, and resources available to you. Presented by the Alzheimer Society of Calgary.

Thursday, Mar. 8

2:00 – 3:30 p.m.

Registration begins Dec. 19

VILLAGE SQUARE

2623 - 56 Street NE

Branch Hours:

Mon - Thurs • 10 a.m. - 9 p.m.

Fri & Sat • 10 a.m. - 5 p.m.

Sun • Noon - 5 p.m. (mid-Sep to mid-May)



OUR HEALTHY FUTURE

Look for this section in the middle of this guide for more programs at this location.

SOMETHING FOR EVERYONE

Do-It-Yourself Tax Help

Canada Revenue Agency staff help you complete a simple 2011 tax return. Participants must bring income slips, related receipts, calculator, pen, and paper. To ensure maximum benefit of this program, please be on time as there will be no late admittance.



Thursday, Apr. 5
6:30 – 8:30 p.m.
Registration begins Dec. 19

Tax Clinic At Your Library

Drop in for free, one-on-one help with your tax return. First-come, first-serve. In partnership with the United Way of Calgary and Area. Please note that there is an eligibility requirement based on income.
Thursday, Apr. 19
4:00 – 8:00 p.m.
No registration required

ENGLISH AS A SECOND LANGUAGE (ESL)

Great Reads for ESL Learners

Learn about finding good books to read for pleasure, both fiction and non-fiction.
Tuesday, Mar. 6
7:30 – 9:00 p.m.
Registration begins Dec. 19

New Friends and Neighbours Group

Improve English skills, share experiences, and learn about community resources. Free childcare. Presented by the Calgary Immigrant Women's Association.
Thursdays, Jan. 5 to Apr. 26
10:00 a.m. – 12:00 p.m.
Register by calling Marilee at 403-444-1752

Citizenship Preparation Class

Learn about Canada with the purpose of preparing yourself for the Citizenship Exam. In partnership with Immigrant Services Calgary.
Saturday, Jan. 21
1:00 – 4:00 p.m.
Registration begins Dec. 19

ESL Conversation Club (Intermediate)

Practice your English listening and speaking skills, and learn about the Library's many resources.
Thursdays, Feb. 2 to Mar. 22
6:30 – 8:30 p.m.
Registration begins Dec. 19

ESL Coffee and Conversation

This is a drop-in program for all ESL learners. Coffee is provided.
Tuesdays, Feb. 14 to Apr. 3
7:00 – 8:30 p.m.
Registration begins Dec. 19

Welcome to Canada: Community Resources and Social Benefits

Join us for an information session regarding valuable social benefits and services in Calgary, which can impact you and your family. In partnership with the Calgary Bridge Foundation In-School Settlement Program.
Saturday, Apr. 14

VILLAGE SQUARE (cont'd)

2623 - 56 Street NE

Branch Hours:
Mon - Thurs • 10 a.m. - 9 p.m.
Fri & Sat • 10 a.m. - 5 p.m.
Sun • Noon - 5 p.m. (mid-Sep to mid-May)

10:30 a.m. – 12:30 p.m.
Register by calling
403-777-6074
Registration begins Dec. 19

BUSINESS AND CAREER DEVELOPMENT

Career Coaching

Looking for work? Drop in for one-on-one help with job searching skills, take part in practice interviews, revamp your resume or craft that all important cover letter.

Thursdays, Jan. 12 to Apr. 26
6:00 – 8:00 p.m.
No registration required

Work Search with the Internet

Learn effective strategies using websites and databases, and how to apply for jobs online. In partnership with Alberta Employment and Immigration.
Saturday, Feb. 25
1:00 – 4:00 p.m.
Registration begins Dec. 19

FIFTY AND FORWARD

Diabetes:

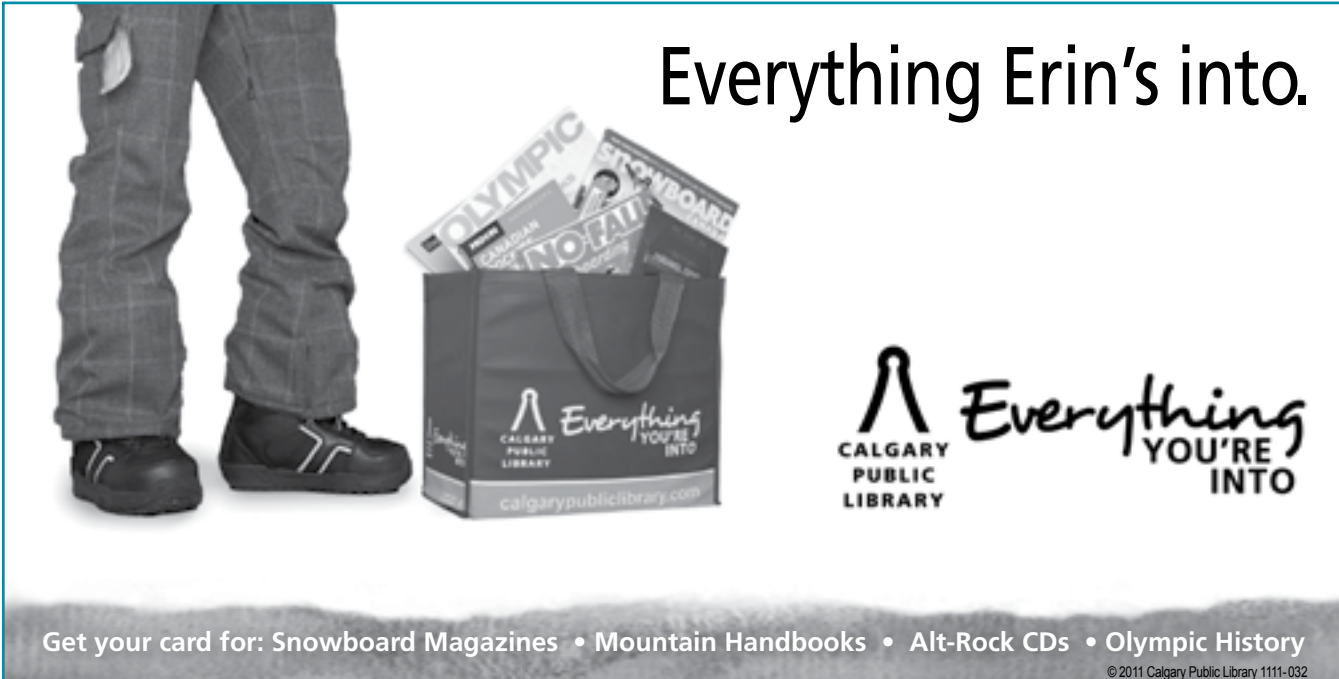
What You Need to Know

Join us for a discussion about the risk factors, signs, and symptoms of diabetes, and get useful information

about healthy living. Presented by the Canadian Diabetes Association.
Friday, Feb. 17
1:00 – 2:30 p.m.
Registration begins Dec. 19

SeniorConnect

Recognize the signs and symptoms of a senior at risk. Learn more about the available community support services, which will allow them to live safely and independently in their homes. Presented by the Calgary Resource Society.
Friday, Mar. 16
1:00 – 2:30 p.m.
Registration begins Dec. 19



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COMPUTER LITERACY PROGRAMS

COMPUTER LITERACY

TechKnow Tuesdays

Drop in and learn how to use Twitter, Facebook, and LinkedIn, or databases for careers, business, e-Books and more. Call 403-260-2782 for the weekly topic

Central

Tuesdays, Jan. 3 to Apr. 24
(No programs in March)
12:15 – 12:45 p.m.

Main Floor South

New and Notable

No registration required

Computer Technology Coaching

Drop in for one-on-one, volunteer help on using the Internet and Microsoft Office products.

Central

Tuesdays, Jan. 3 to Apr. 24
6:00 – 8:00 p.m. **OR**

Thursdays, Jan. 5 to Apr. 26
11:30 a.m. – 1:30 p.m.

Main Floor South

Technology Discovery Centre

OR

Thursdays, Jan. 5 to Apr. 26
6:00 – 7:45 p.m. **OR**

Saturdays, Jan. 7 to Apr. 28
11:00 a.m. – 1:00 p.m.

3rd Floor North Open Area

Fish Creek

Wednesdays, Jan. 11 to Apr. 25
6:30 – 8:30 p.m.

Forest Lawn

Tuesdays, Jan. 10 to Apr. 24
6:00 – 7:30 p.m.

Saddletowne

Thursdays, Jan. 12 to Apr. 26
6:30 – 8:30 p.m.

Southwood

Wednesdays, Jan. 11 to Apr. 25
2:00 – 4:00 p.m.

Signal Hill

Wednesdays, Jan. 11 to Apr. 25
6:30 – 8:30 p.m.

Thorn-Hill

Thursdays, Jan. 5 to Apr. 26
10:00 a.m. – 12:00 p.m.

Village Square

Thursdays, Jan. 12 to Apr. 26
6:00 – 8:00 p.m.

No registration required

CyberSeniors

Learn how to use a mouse, search the Internet, use e-mail, and about the components of a computer.

Ages 50 and up

Central

Tuesdays, Mar. 6 to Mar. 27
1:00 – 3:00 p.m.

3rd Floor North

Technology Discovery Centre

Country Hills

Tuesdays, Mar. 6 to Mar. 27
2:00 – 4:00 p.m.

Crowfoot

Fridays, Feb. 3 to Feb. 24
10:00 a.m. – 12:00 p.m. **OR**

Mondays, Apr. 2 to Apr. 23
2:00 – 4:00 p.m.

Fish Creek

Thursdays, Feb. 2 to Feb. 23
10:15 a.m. – 12:15 p.m.

Forest Lawn

Mondays, Jan. 23 to Feb. 13
OR

Mondays, Mar. 19 to Apr. 9
10:00 a.m. – 12:00 p.m.

Nose Hill

Wednesdays, Feb. 1 to Feb. 22
10:30 a.m. – 12:30 p.m.

OR

Thursdays, Apr. 5 to Apr. 26
2:00 – 4:00 p.m.

Saddletowne

Wednesdays, Feb. 8 to Feb. 29
2:00 – 4:00 p.m.

Signal Hill

Tuesdays, Jan. 17 to Feb. 7

OR

Thursdays, Mar. 1 to Mar. 22
10:00 a.m. – 12:00 p.m.

Village Square

Tuesdays, Feb. 7 to Feb. 28
10:30 a.m. – 12:30 p.m.

Registration begins Dec. 19

CyberSeniors (Cantonese)

Learn how to use a mouse, search the Internet, use e-mail, and about the components of a computer.

Ages 50 and up

Central

Mondays, Mar. 5 to Mar. 26
10:00 a.m. – 12:00 p.m.

3rd Floor North

Technology Discovery Centre

Registration begins Dec. 19

CyberSeniors Connect

Learn from youth volunteers in this self-paced program about the Internet, including Facebook and YouTube, Microsoft Office, and more. Basic computer skills required.

Ages 50 and up

COMPUTER LITERACY PROGRAMS

(cont'd)

Central

Saturday, Feb. 4 **OR**
Saturday, Feb. 18
10:30 – 12:30 p.m.
3rd Floor North
Technology Discovery Centre

Fish Creek

Saturday, Mar. 3 **OR**
Saturday, Mar. 17
1:30 – 3:30 p.m.

Forest Lawn

Saturday, Feb. 25 **OR**
Saturday, Mar. 10
10:30 a.m. – 12:30 p.m.

Louise Riley

Thursday, Mar. 29 **OR**
Friday, Mar. 30
2:00 – 4:00 p.m.

Nose Hill

Saturday, Feb. 25 **OR**
Saturday, Mar. 10
10:30 a.m. – 12:30 p.m.

Saddletowne

Saturday, Feb. 25 **OR**
Saturday, Mar. 10
10:30 a.m. – 12:30 p.m.

Signal Hill

Saturday, Mar. 3 **OR**



Celebrate a green Calgary!

Join us for eco-friendly activities and exhibits for the whole family to enjoy at our brand new Saddletowne Library on Saturday, April 21.

Come out for some fun and discover what your family can do to be a part of creating a sustainable Calgary.

Stayed tuned for more information on this and other activities on our website,

calgarypubliclibrary.com

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COMPUTER LITERACY PROGRAMS

(cont'd)

Saturday, Mar. 17
10:30 a.m. – 12:30 p.m.

Village Square

Saturday, Mar. 3 **OR**

Saturday, Mar. 17

10:30 a.m. – 12:30 p.m.

Registration begins Dec. 19

EEK! A Mouse!

This introductory course for the absolute beginner teaches basic computer skills including how to use a mouse.

Bowness

Tuesday, Feb. 14

10:00 – 11:00 a.m.

Forest Lawn

Thursday, Jan. 19

6:30 – 8:00 p.m.

Village Square

Wednesday, Jan. 18 **OR**

Tuesday, Mar. 27

7:00 – 8:30 p.m.

Registration begins Dec. 19

EEK! A Mouse! **(Hindi; Punjabi; Urdu)**

This introductory course for the absolute beginner teaches basic computer skills including how to use a mouse.

Village Square

Sunday, Feb. 26

12:30 – 1:30 p.m.

Registration begins Dec. 19

Exploring the Library's Online Resources

Join us to discover the wealth of information the E-Library has to offer.

Fish Creek

Homework Help for Parents

Wednesday, Jan. 25

Learn a Language

Wednesday, Feb. 29

What Should I Read Next?

Wednesday, Mar. 28

In the News

Wednesday, Apr. 25

7:00 – 8:00 p.m.

Registration begins Dec. 19

Facebook for Beginners

Learn how to create a profile, use privacy options, and get “Facebooking” using this popular social networking site.

Shaganappi

Monday, Feb. 6

7:00 – 8:30 p.m.

Thorn-Hill

Tuesday, Jan. 31 **OR**

Monday, Mar. 5

7:00 – 8:30 p.m.

Registration begins Dec. 19

Introduction to E-mail (Hotmail; Yahoo)

Learn how to send and receive e-mail messages using Hotmail or Yahoo. Basic computer skills required.

Forest Lawn

Friday, Feb. 24

10:30 a.m. – 12:00 p.m. **OR**

Monday, Mar. 12

7:00 – 8:30 p.m.

Village Square

Monday, Feb. 6 **OR**

Wednesday, Apr. 25

7:00 – 8:30 p.m.

Registration begins Dec. 19

Introduction to E-mail (Hotmail) (Hindi; Punjabi; Urdu)

Learn how to send and

receive e-mail messages using Hotmail. Basic computer skills required.

Village Square

Sunday, Mar. 18

12:30 – 1:30 p.m.

Registration begins Dec. 19

Introduction to Adobe Premiere Elements

Have fun and learn how to edit videos. Basic computer skills required.

Louise Riley

Thursday, Feb. 2

2:00 – 3:30 p.m. **OR**

Tuesday, Apr. 17

7:00 – 8:30 p.m.

Registration begins Dec. 19

Introduction to Photoshop

Learn how to edit digital images using Adobe Photoshop Elements. Basic computer skills required.

Forest Lawn

Monday, Jan. 30

7:00 – 8:30 p.m. **OR**

Thursday, Mar. 8

10:30 a.m. – 12:00 p.m.

Louise Riley

Thursday, Jan. 19

2:00 – 3:30 p.m. **OR**

Tuesday, Mar. 13

7:00 – 8:30 p.m.

Registration begins Dec. 19

Introduction to Social Media

These unique sessions provide a basic introduction to websites such as Facebook, blogging, Twitter, YouTube, and more.

COMPUTER LITERACY PROGRAMS

(cont'd)

Country Hills

Monday, Feb. 6
10:30 a.m. – 12:00 p.m.

Crowfoot

Tuesday, Jan. 17
7:00 – 8:30 p.m.

Louise Riley

Thursday, Mar. 1
2:00 – 3:30 p.m.
Registration begins Dec. 19

Introduction to Social Media (Hindi; Punjabi; Urdu)

These unique sessions provide a basic introduction to websites such as Facebook, blogging, Twitter, YouTube, and more.

Village Square

Sunday, Mar. 25
12:30 – 1:30 p.m.
Registration begins Dec. 19

The Internet – Part 1: An Introduction

Learn about web browsers, URLs, hyperlinks, and search engines. Basic computer skills required.

Bowness

Wednesday, Mar. 7
7:00 – 8:30 p.m.

Country Hills

Thursday, Feb. 23 **OR**
Tuesday, Apr. 17
6:30 – 8:00 p.m.

Crowfoot

Monday, Jan. 9 **OR**
Wednesday, Mar. 7
7:00 – 8:30 p.m.

Forest Lawn

Tuesday, Jan. 31
10:30 a.m. – 12:00 p.m. **OR**

Tuesday, Feb. 14
7:00 – 8:30 p.m.

Louise Riley

Tuesday, Feb. 14
7:00 – 8:30 p.m.

Saddletowne

Tuesday, Feb. 21
2:00 – 3:30 p.m.

Village Square

Tuesday, Jan. 24 **OR**
Wednesday, Apr. 4
7:00 – 8:30 p.m.

The Internet – Part 1: An Introduction (Hindi; Punjabi; Urdu)

Learn about web browsers, URLs, hyperlinks, and search engines. Basic computer skills required.

Village Square

Sunday, Mar. 4
12:30 – 1:30 p.m.
Registration begins Dec. 19

The Internet – Part 2: Beyond the Basics

Learn how to use different search engines, web directories, and recommended websites.

Crowfoot

Monday, Jan. 23 **OR**
Wednesday, Mar. 21
7:00 – 8:30 p.m.

Forest Lawn

Tuesday, Feb. 28
7:00 – 8:30 p.m. **OR**
Thursday, Mar. 22
10:30 a.m. – 12:00 p.m.

Louise Riley

Tuesday, Feb. 21
7:00 – 8:30 p.m.

Saddletowne

Tuesday, Mar. 20
2:00 – 3:30 p.m.

Village Square

Tuesday, Jan. 31 **OR**
Wednesday, Apr. 18
7:00 – 8:30 p.m.
Registration begins Dec. 19

The Internet – Part 2: Beyond the Basics (Cantonese)

Learn how to use different search engines, web directories, and recommended websites.

Thorn-Hill

Monday, Feb. 27
7:00 – 8:30 p.m.
Registration begins Dec. 19

The Internet – Part 2: Beyond the Basics (Hindi; Punjabi; Urdu)

Learn how to use different search engines, web directories, and recommended websites. Prerequisite: The Internet – Part 1: An Introduction

Village Square

Sunday, Mar. 11
12:30 – 1:30 p.m.
Registration begins Dec. 19

PROGRAM INDEX

Branch abbreviations:

C = Central
A = Alexander Calhoun
B = Bowness
CH = Country Hills

CR = Crowfoot
FC = Fish Creek
FL = Forest Lawn
G = Glenmore Square
L = Louise Riley
M = Memorial Park
N = Nose Hill

ST = Saddletowne
SG = Shaganappi
SW = Shawnessy
SH = Signal Hill
SO = Southwood
T = Thorn-Hill
V = Village Square



OUR HEALTHY FUTURE

Look for this section, in the middle of this guide for more programs at all locations.

AUTHOR READINGS

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Man and Other Natural Disasters by Nerys Parry **C**
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BUSINESS AND CAREER DEVELOPMENT

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 Moving Forward – Mid-Life Career Change **C, ST**
 Resume Development **C, CH, ST, SW**
 Career Coaching **C, CR, SW, V**
 Career Planning with the Internet **FC**
 Career Tours **C**
 Coaching for Business Professionals **C, CR**
 How to Become Self-Employed **C, ST**
 LinkedIn: From Start to Finish **C, L**
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Computer Technology Coaching **C, FC, FL, SH, SO, ST, T, V**
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 CyberSeniors – Cantonese **C**

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 EEK! A Mouse! – Hindi **V**
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 ESL Tea and Talk **C**
 Great Reads for ESL Learners **C, V**
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Protect Your Health: The Facts About Heart Disease and Stroke	C, FC, L, SH, SW
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18 LOCATIONS TO SERVE YOU!

NW BRANCHES

BOWNESS: 7930 BOWNESS ROAD NW

- Mon & Wed 1 – 9 p.m. • Tue 10 a.m. – 9 p.m.
- Thurs – Sat 10 a.m. – 5 p.m. • Sun Noon – 5 p.m.*

CROWFOOT: 8665 NOSE HILL DRIVE NW

- Mon – Thurs 10 a.m. – 9 p.m. • Fri & Sat 10 a.m. – 5 p.m.
- Sun Noon – 5 p.m.*

LOUISE RILEY: 1904 - 14 AVENUE NW

- Mon – Thurs 10 a.m. – 9 p.m. • Fri & Sat 10 a.m. – 5 p.m.
- Sun Noon – 5 p.m.*

NOSE HILL:

1530 NORTHMOUNT DRIVE NW

- Mon – Thurs 10 a.m. – 9 p.m. • Fri & Sat 10 a.m. – 5 p.m.
- Sun Noon – 5 p.m.*

SW BRANCHES

ALEXANDER CALHOUN:

3223 - 14 STREET SW

- Mon – Thurs 10 a.m. – 9 p.m. • Fri & Sat 10 a.m. – 5 p.m.
- Sun Noon – 5 p.m.*

SIGNAL HILL:

5994 SIGNAL HILL CENTRE SW

- Mon – Thurs 10 a.m. – 9 p.m. • Fri & Sat 10 a.m. – 5 p.m.
- Sun Noon – 5 p.m.*

SOUTHWOOD:

924 SOUTHLAND DRIVE SW

- Mon – Thurs 10 a.m. – 9 p.m. • Fri & Sat 10 a.m. – 5 p.m.
- Sun Noon – 5 p.m.*

MEMORIAL PARK: 1221 - 2 STREET SW

- Mon, Fri, Sat 10 a.m. – 5 p.m. • Tue – Thurs Noon – 8 p.m.
- Sun Noon – 5 p.m.*

SHAGANAPPI: 3415 - 8 AVENUE SW

- Mon & Wed 1 – 9 p.m. • Tue 10 a.m. – 9 p.m.
- Thurs – Sat 10 a.m. – 5 p.m. • Sun Noon – 5 p.m.*

NE BRANCHES

COUNTRY HILLS:

11950 COUNTRY VILLAGE LINK NE

- Mon – Thurs 10 a.m. – 9 p.m. • Fri & Sat 10 a.m. – 5 p.m.
- Sun Noon – 5 p.m.*

SADDLETOWNE: 7555 FALCONRIDGE BLVD NE

- Mon – Thurs 10 a.m. – 9 p.m. • Fri & Sat 10 a.m. – 5 p.m.
- Sun Noon – 5 p.m.*

THORN-HILL: 6617 CENTRE STREET N

- Mon – Thurs 10 a.m. – 9 p.m. • Fri & Sat 10 a.m. – 5 p.m.
- Sun Noon – 5 p.m.*

VILLAGE SQUARE:

2623 - 56 STREET NE (LEISURE CENTRE)

- Mon – Thurs 10 a.m. – 9 p.m. • Fri & Sat 10 a.m. – 5 p.m.
- Sun Noon – 5 p.m.*

SE BRANCHES

CENTRAL: 616 MACLEOD TRAIL SE

- Mon – Thurs 9 a.m. – 8 p.m. • Fri 9 a.m. – 5 p.m.
- Sat 10 a.m. – 5 p.m. • Sun Noon – 5 p.m.*

FISH CREEK:

11161 BONAVENTURE DRIVE SE

- Mon – Thurs 10 a.m. – 9 p.m. • Fri & Sat 10 a.m. – 5 p.m.
- Sun Noon – 5 p.m.

FOREST LAWN: 4807 - 8 AVENUE SE

- Mon – Thurs 10 a.m. – 9 p.m. • Fri & Sat 10 a.m. – 5 p.m.
- Sun Noon – 5 p.m.*

GLENMORE SQUARE: 7740 - 18 STREET SE

- Mon, Tue, Thurs 10 a.m. – 9 p.m. • Wed 1 – 9 p.m.
- Fri & Sat 10 a.m. – 5 p.m. • Sun Noon – 5 p.m.*

SHAWNESSY:

333 SHAWVILLE BOULEVARD SE

- Mon – Thurs 10 a.m. – 9 p.m. • Fri & Sat 10 a.m. – 6 p.m.
- Sun Noon – 5 p.m.*

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